

## **2016 MANUAL HANDLING QUIZ**

### **HAZARDOUS MANUAL HANDLING TASKS**

Circle Correct  
Answer

1.	Only tasks that involve lifting heavy objects are considered hazardous manual tasks.	True	False
2.	Health workers have a legal responsibility to take reasonable care of their own health and safety.	True	False
3.	Applying repetitive, sustained, high or sudden force to perform manual tasks can cause musculoskeletal disorders.	True	False
4.	All manual task injuries are caused by the sudden application of a high amount of force.	True	False

### **REDUCING THE RISK OF INJURY**

1.	Tight working spaces can affect your risk of incurring a musculoskeletal disorder.	True	False
2.	Mechanical aids can be used to reduce the risk of injury by reducing the amount of force required from your body to perform a manual handling task.	True	False
3.	When undertaking a manual handling task it is important to assess the risk, eliminate the risk or reduce the risk associated with the task.	True	False
4.	If not sure how to perform a manual handling task safely you should request advice from your manager or supervisor.	True	False

### **SAFE PRACTICES FOR PERFORMING MANUAL HANDLING TASKS**

1.	When performing a task that requires pushing or pulling, it is better to push the load.	True	False
2.	When lifting you should always try to lift the load with your legs.	True	False
3.	Stretching your muscles before performing manual tasks and during breaks can help to reduce the risk of injury.	True	False
4.	When lifting a load, it is safe practice to assume a well-balanced position with your feet apart, facing the direction that you need to go.	True	False

# Manual Handling Test Question And Answers

**Guy Montrose Whipple**



## **Manual Handling Test Question And Answers:**

**FAA Designated Written Test Examiner's Manual** United States. Federal Aviation Administration,1979 **Practise Now!** Australian Council for Educational Research,2002 Annotation Are you worried about taking a test as part of a job selection process Do you breeze through comprehension questions but fall apart when faced with mathematical problems Do reading and vocabulary questions make you panic Now you can be prepared Practice Now is a practical guide to test questions written by people who write selection tests This guide will give you confidence in answering test questions related to general ability aptitude and skills Each chapter focuses on a specific question type commonly used in selection tests Each question type is explained in detail and reasons given for the correct answer Practice Now has plenty of sample questions for you to try with hints to help you work through the answers

**The Illustrated Guide to Safe Patient Handling and Movement** Audrey L. Nelson,Kathleen Motacki,Nancy Menzel,2009-03-27 Named a 2013 Doody's Core Title This is a good reference for the varied healthcare professionals who must move and transfer patients The book is clear and well written with illustrations to strengthen the narrative Doody's The evidence based methods suggested in these pages protect nurses from injury and ultimately improve patient care M Elaine Tagliareni EdD RN President National League for Nursing Ancillary materials include new DVD and Instructor's Guide Please note DVD contains digital videos only no audio track Qualified instructors may email textbook.springerpub.com to request instructor's guide As a nurse you are all too familiar with heavy lifting sustained awkward positioning excessive reaching and static posturing With this comprehensive volume Nelson Motacki and Menzel show you that there is another way Learn about the new techniques and technologies specifically designed to reduce caregiver and patient injuries The authors present the Evidence Based Safe Patient Handling Program a practical system of guidelines to be used in numerous clinical settings Each chapter explains how to apply the program to specific clinical settings such as medical and surgical critical care orthopaedics pediatrics labor and delivery rehabilitation settings the perioperative suite and nursing homes Implement the components of the program to multiple clinical settings Assessment Learn to evaluate the patient's body strength and about other conditions that affect the patient handling task Care Plan Outline the safest way to accomplish the required task based on the assessment Algorithms Learn the step by step problem solving procedures for carrying out patient handling activities safely Photos and videos illustrate the techniques The included DVD and photographs illustrate how to use the technology as well as how each task movement and position should be completed These tasks include Lateral transferring to and from beds using sliders Rescuing fallen patients off the floor with a floor based lift Bariatric patient lifting and dressing Transferring patients with lower limb amputations And many more

*Pesticide Safety: A Study Manual for Private Applicators - 3rd Edition* Shannah M. Whithaus,Lisa A. Blecker,2021-10-01 This manual covers information essential for anyone using pesticides on California farms including growers managers and employees in an easy to use format now with color photographs and illustrations Read this book carefully to prepare for the

Private Applicator Certification test DPR uses this test to certify farm owners leaseholders and managers who may have to purchase restricted materials as well as farm employees who supervise pesticide handlers or will be training handlers and fieldworkers to work safely around pesticides A list of knowledge expectations descriptions of what you should know after reading the chapter are given at the beginning of each chapter to guide you as you study Individual knowledge expectations appear alongside relevant content throughout each chapter which will help you focus on the information that is most likely to appear on the examination Covers pesticide labels worker safety handlers and fieldworkers how to mix and apply pesticides calibration the hazards of pesticide use including heat related illness and pesticide emergencies Presents an overview of integrated management principles An appendix includes sample training forms for pesticide handlers and fieldworkers

*Self-instructional Manual in Handling Test Scores* Richard Stephen Harter, Clarence Harry Smeltzer, 1933     Manual of Mental and Physical Tests Guy Montrose Whipple, 1914     **Manual of Mental and Physical Tests: Simpler processes** Guy Montrose Whipple, 1914     *Flying Magazine* , 1980-07     **Manual** , 1913     **Manual for the Elson Readers** William Harris Elson, 1923     *A Manual to Accompany The Study Readers ...* Alberta Walker, Mary Rosetta Parkman, 1933     *Manual of mental and physical tests v.1* , 1914 Guy Montrose Whipple, 1914     **Manual** University of Adelaide. Public Examinations Board, 1913     **Flying Magazine** , 1941-09     Florida Real Estate Exam Manual George Gaines, Linda L. Crawford, David Coleman, 2000-12     **Manual of the Public Examinations Board** University of Adelaide. Public Examinations Board, 1928 The Manuals include information on syllabus regulations copies of examination papers and notes by examiners They also include pass lists     Florida Real Estate Exam Manual George Gaines, Jr., David Coleman, Linda L. Crawford, 2001-11     Florida Real Estate Review Exam Manual George Gaines, Jr., 1994-12     **Sat Attack Maths** Anne Frobisher, Len, 2004-12 SAT Attack Maths is the perfect 10 week revision programme for both independent and whole class maths teaching     **Manual** American Railway Engineering Association, 1929

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