

# Nursing Goal

**Nursing Goal:-** A specific expected outcome of nursing intervention as related to the established nursing diagnosis.

## PURPOSE OF GOAL

- Provide direction for planning nursing interventions that will achieve the desired changes in the client. Ideas for interventions come more easily if the goals state clearly and specifically what the nurse hopes to achieve.
- Provide a time span for planned activities.
- Serve as criteria for evaluation of client progress towards derived outcome. Although developed in the planning step of the nursing process, the expected outcomes serve as criteria for judging nursing interventions and client progress in the evaluation step.
- Enable the client and nurse to determine when the problem has been resolved.
- Help motivate the client and nurse by providing a sense of achievement.

## TYPES OF GOALS

Depending upon the client's needs and the nature of nursing services, the goals are of two types.

### A. SHORT TERM GOALS

Short term goal is an objective that is expected to achieve in a shorter period usually less than a week. Short term goals are the direction for the immediate nursing care plan.

Example:

Nursing Diagnosis: Ineffective airway clearance related to the effect of sedation.

Goal will be the absence of abnormal lung sounds within two days. Short term goals are the stepping stones to reach long term goals.

# Measurable Goals For Restorative Nursing

**Leslie Jean Neal**



## **Measurable Goals For Restorative Nursing:**

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**Handbook for Directors of Nursing in Long-term Care** Ethel L. Mitty, 1998 This book provides the theory principles methods and tools for the nurse manager or leader of a long term care facility It is a complete source of information and instruction on every aspect of nursing administration The book contains more than 150 guidelines flow sheets communication assessment and feedback procedures that can be implemented with little or no modification by the novice or experienced directors in every kind of long term care facility Faculty and students of nursing management will rely on this book as a step by step how to on subjects ranging from development of a mission statement selection of a nursing theory construction of a policy and procedure manual hiring interviews inservice education selection of an information system conflict resolution and decision making to performance evaluation continuing quality assurance strategic planning and marketing and analysis of effectiveness The student will learn how a nursing director can analyze leadership style select a nursing delivery system prepare for survey construct the departmental budget compute infection rate and prepare an annual report

**Documenting Physical Therapy** Angela Marie Baeten, Michael L. Moran, Lynn M. Phillippi, 1999 Documenting Physical Therapy provides practitioners with the tools necessary to make documentation a successful and beneficial part of clinical practice Using the reviewer s perspective emphasis is placed on documenting components that are essential for coverage determinations

*Caring for the Elderly Client* Mary Ann Anderson, Judith Venglarik Braun, 1999 This newly updated text covers concepts of normal and abnormal aging processes with an emphasis on the normal aging process and a wellness lifestyle With a strong clinical practice emphasis it focuses on providing the specialized skills needed to meet the needs of elderly patients

*Rehabilitation Nursing in the Home Health Setting* Leslie Jean Neal, 1998

**Being a Long-Term Care Nursing Assistant** Connie Will-Black, Judith B. Eighmy, 2002 For years Being a Long Term Care Nursing Assistant has been a text with a specific emphasis on need to know skills for nursing assistants in long term care facilities Its full color extensively illustrated format and accessible reading level make the text particularly appropriate for today s adult learners Concept themes are reinforced throughout to help students place important concepts into an understandable context Meeting all required curricula as outlined by federal regulators it is the ideal text for certification exam preparation

*Illinois Register* , 2009

**Gerontological Nursing** Joan Fritsch Needham, 1993 This book focuses on restoring and improving the functional abilities of the older person Caring for patients is

addressed in a how to approach which focuses on providing optimum care and enhancing the patient s quality of life

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## **Table of Contents Measurable Goals For Restorative Nursing**

1. Understanding the eBook Measurable Goals For Restorative Nursing
  - The Rise of Digital Reading Measurable Goals For Restorative Nursing
  - Advantages of eBooks Over Traditional Books
2. Identifying Measurable Goals For Restorative Nursing
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Measurable Goals For Restorative Nursing
  - User-Friendly Interface
4. Exploring eBook Recommendations from Measurable Goals For Restorative Nursing
  - Personalized Recommendations
  - Measurable Goals For Restorative Nursing User Reviews and Ratings
  - Measurable Goals For Restorative Nursing and Bestseller Lists
5. Accessing Measurable Goals For Restorative Nursing Free and Paid eBooks

- Measurable Goals For Restorative Nursing Public Domain eBooks
- Measurable Goals For Restorative Nursing eBook Subscription Services
- Measurable Goals For Restorative Nursing Budget-Friendly Options
- 6. Navigating Measurable Goals For Restorative Nursing eBook Formats
  - ePub, PDF, MOBI, and More
  - Measurable Goals For Restorative Nursing Compatibility with Devices
  - Measurable Goals For Restorative Nursing Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Measurable Goals For Restorative Nursing
  - Highlighting and Note-Taking Measurable Goals For Restorative Nursing
  - Interactive Elements Measurable Goals For Restorative Nursing
- 8. Staying Engaged with Measurable Goals For Restorative Nursing
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Measurable Goals For Restorative Nursing
- 9. Balancing eBooks and Physical Books Measurable Goals For Restorative Nursing
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Measurable Goals For Restorative Nursing
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Measurable Goals For Restorative Nursing
  - Setting Reading Goals Measurable Goals For Restorative Nursing
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Measurable Goals For Restorative Nursing
  - Fact-Checking eBook Content of Measurable Goals For Restorative Nursing
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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