

# MANUAL HANDLING

## THE DEFINITION:

**"MOVEMENT OF A LOAD BY ONE, OR MORE, PERSONS."**

## MECHANICAL EQUIPMENT:



TROLLEYS

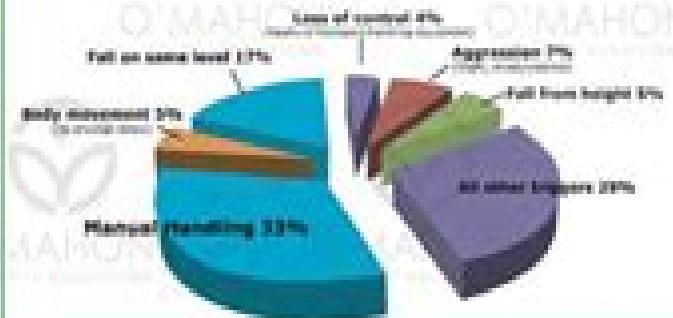
HAND TRUCK

ELECTRIC  
HAND TRUCK

FORKLIFT

## THE ACCIDENT STATISTICS

WORKPLACE ACCIDENT STATISTICS



## PRINCIPALS OF MANUAL HANDLING

- ASSESS- TASK
- STAND CLOSE TO LOAD
- BROAD STABLE BASE, FEET IN DIRECTION OF TRAVEL
- LOOK FORWARD TO ALIGN SPINE
- BEND KNEES
- FIRM PALM GRIP/ ARMS IN LINE WITH TRUNK
- MOVE SMOOTHLY USING THE POWER OF THE LEGS

## TOLE

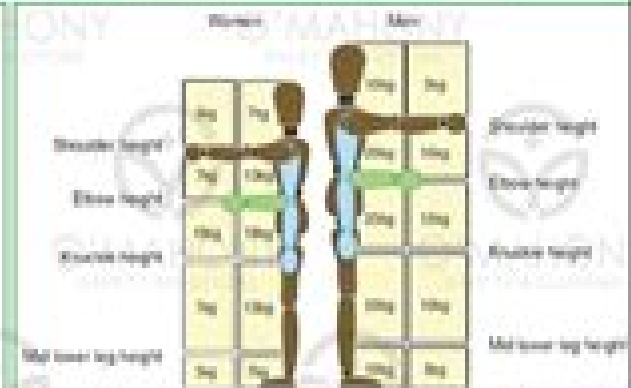
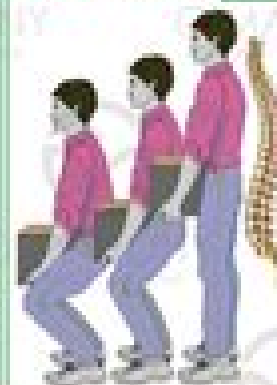
**TASK:** (WHAT MOVEMENTS AND BODY POSTURES PUT PRESSURE ON THE BACK?)

**INDIVIDUAL:** (WHAT CHARACTERISTICS OF A PERSON MAKE THEM MORE AT RISK?)

**LOAD:** (WHAT CHARACTERISTICS OF THE LOAD INCREASE THE RISK?)

**ENVIRONMENT:** (WHAT ASPECTS OF THE ENVIRONMENT WILL INCREASE THE RISK?)

## CORRECT LIFTING POSTURE



# Manual Handling Heywood Lancashire

**J Dewey**



## **Manual Handling Heywood Lancashire:**

**BMJ** ,1995     *The Manufacturers Manual and Buyers Guide* ,1966     *The Materials Handling Manual* ,1949     **The Engineer** ,1856     **From Refugee to Obe** Charles G. Strasser,2012-12-20 The Life of Charles Gad Strasser is well captured in the title From Refugee to OBE The reader will find not only a passionate personal story of one mans climbing of the mountain but also an important historical rendition from war torn Europe to the flourishing industries and institutions which have contributed to our current prosperous world Charles Strasser fled from his native Czechoslovakia when he was eleven in 1938 just barely in advance of the Nazi war machine Six years later he joined the allied armies and participated in the final victory Before his twenty fifth birthday he founded a company that would employ hundred and have an international scope with ties to Germany Japan and many developing countries While he excelled in business it was for his many humanitarian services that he was awarded the distinction Officer of the Order of the British Empire He received his OBE from Her Majesty the Queen at an investiture in Buckingham Palace The reader is invited to come along with Charles Strasser on his exciting journey from refugee to OBE     The Chartered Mechanical Engineer ,1961     **Machinery Lloyd** ,1978     **The Electrical Review** ,1967     **Occult Knowledge, Science, and Gender on the Shakespearean Stage** Mary Floyd-Wilson,2013-07-11 Belief in spirits demons and the occult was commonplace in the early modern period as was the view that these forces could be used to manipulate nature and produce new knowledge In this groundbreaking study Mary Floyd Wilson explores these beliefs in relation to women and scientific knowledge arguing that the early modern English understood their emotions and behavior to be influenced by hidden sympathies and antipathies in the natural world Focusing on Twelfth Night Arden of Faversham A Warning for Fair Women All s Well That Ends Well The Changeling and The Duchess of Malfi she demonstrates how these plays stage questions about whether women have privileged access to nature s secrets and whether their bodies possess hidden occult qualities Discussing the relationship between scientific discourse and the occult she goes on to argue that as experiential evidence gained scientific ground women s presumed intimacy with nature s secrets was either diminished or demonized     **Handling Geographical Information** Ian Masser,Michael Blakemore,1991 This publication discusses the important methodological and application issues which have a considerable bearing on geographical information handling Organized into twelve specially commissioned contributions from leading experts the book first examines the implications of recent developments in GIS technology from a methodological perspective centring on five key themes spatial analytical techniques data integration area transformation error propagation and the design of user interfaces Potential applications of GIS are then reviewed including environmental monitoring natural and technological hazard management settlement and infrastructure planning and geodemographics and marketing analysis and the organizational implications involved in managing geographical information are examined     Textile Recorder ,1921     **The Electrician** ,1920     The Homing Pigeon, and National Homing Union Members' Gazette ,1914     *Venture*

*Product News* ,     **The Electrical Journal** ,1920     **Moody's International Manual** ,1997     The Textile Mercury ,1890  
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