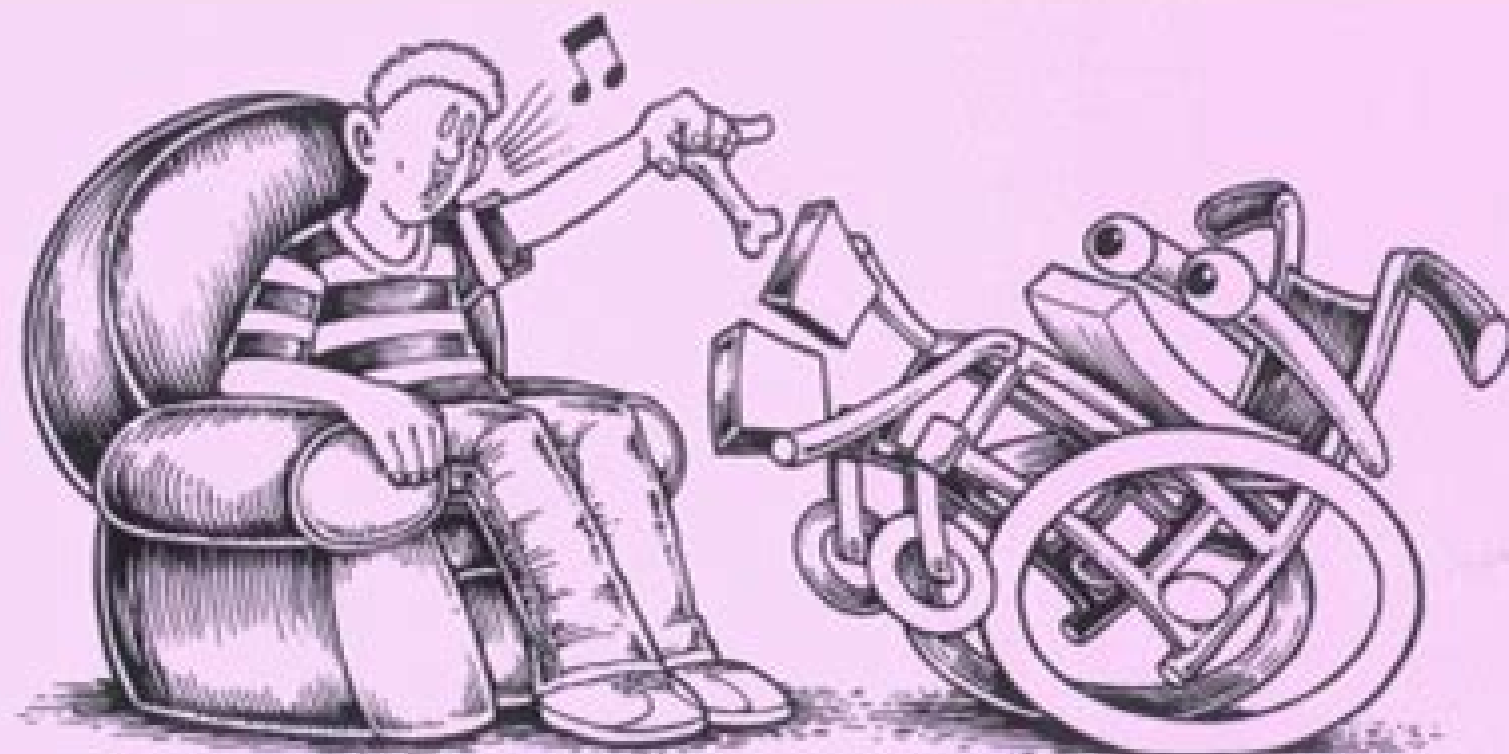


The Manual Wheelchair Training Guide

Written by Peter Axelson, Denise Yamada Chesney, Jean Minkel and Anita Perr
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Manual Wheelchair Training Guide

Fred Reneau



Manual Wheelchair Training Guide:

The Manual Wheelchair Training Guide Peter Axelson, Jean Minkel, Anita Perr, 2013-09-01 *Wheelchair Training Program for New Manual Wheelchair Users* Kerri Ann Morgan, 2015

Manual wheelchairs are commonly used for everyday mobility among people with lower limb impairments including persons with spinal cord injury SCI. Manual wheelchair users often experience pain and chronic overuse injuries in their upper extremities limiting their mobility and their ability to complete daily activities. The repetitive trauma of propelling a wheelchair may be a contributing factor to upper extremity pain and injury. The anatomy of the upper extremities is not designed for the number of repetitions and the amount of force involved in everyday wheelchair propulsion. Research has been conducted to identify recommendations for decreasing the number of repetitions and the amount of force involved with manual wheelchair propulsion; however, training on how to use a wheelchair specifically (propulsion training) is often not implemented during rehabilitation. Important steps in identifying strategies for teaching wheelchair propulsion and skills include exploring devices for training, understanding health care professional and wheelchair user perspectives of wheelchair training, and training based on motor learning approaches. Therefore, the overall goal of this project was to further explore methodology for training of new manual wheelchair users. To this end, we conducted three studies.

Chapter 2 In study 1, Chapter 2, we tested a wheelchair dynamometer roller system, the WheelMill System (WMS), on its use in simulating different surfaces (i.e., overground and ramps) and assessing propulsion variables that can be used for training new wheelchair users. We identified that the WMS has the ability to accurately simulate flat overground movement; however, the accuracy of the WMS was poor in simulation of ramps. Modifications to the software model and the addition of visual feedback may improve the accuracy of the simulation of ramps. The WMS was accurate in the quantification of biomechanical propulsion variables.

Chapter 3 In study 2, Chapter 3, we identified perspectives of health care professionals and manual wheelchair users to assist in prioritizing the focus of wheelchair skills training for new manual wheelchair users. During focus groups, health care professionals and manual wheelchair users discussed if and how wheelchair propulsion biomechanics were taught and important skills that should be included in training. Results indicate that propulsion biomechanics were introduced but not addressed in detail. Important training components discussed include propulsion techniques, transfers in and out of the wheelchair, providing maintenance to the wheelchair, and navigating barriers such as curbs, ramps, and rough terrain. Health care professionals and manual wheelchair users identified many of the same skills as important but ranked them in a different order.

Chapter 4 In study 3, Chapter 4, we piloted a wheelchair training program implementing aspects of motor learning for new manual wheelchair users and measured the impact of this program on wheelchair propulsion biomechanics and overall wheelchair skills. Post-training wheelchair biomechanics changed as well as propulsion performance overground. Wheelchair skills did not change significantly post-training. Wheelchair training has the potential for change; however, there are many challenges associated with implementing training programs for new manual

wheelchair users Together these results contribute knowledge to evidence based approaches to teaching new manual wheelchair users with SCI how to efficiently and effectively use their wheelchairs Specifically we obtained information about technology for simulating and assessing manual wheelchair propulsion perspectives of stakeholders with regard to the manual wheelchair training process and methodology for training new manual wheelchair users

Wheelchair Skills Assessment and Training R. Lee Kirby, 2016-11-18 This book provides a wide spectrum of readers with comprehensive but easily understandable protocols for the assessment and training of wheelchair skills The Wheelchair Research Team at Dalhousie University and the Capital District Health Authority in Halifax lead by the author have focused on wheelchair safety and performance for three decades as exemplified through the Wheelchair Skills Program This is considered the top such program in the world This new book is largely based on this program which has been accessed and utilized by over 75 000 people in 177 countries since 2007

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Occupational Therapy for Physical Dysfunction Diane Powers Dirette, Sharon A. Gutman, 2020-01-30 Designed to help students become effective reflective practitioners this fully updated edition of the most widely used occupational therapy text for the course continues to emphasize the whys as well as the how tos of holistic assessment and treatment Now in striking full color and co edited by renowned educators and authors Diane Powers Dirette and Sharon Gutman Occupational Therapy for Physical Dysfunction Eighth Edition features expert coverage of the latest assessment techniques and most recent trends in clinical practice In addition the book now explicitly integrates Frames of Reference to help students connect theories to practice and features a new six part organization thirteen all new chapters new pedagogy and more

Physical Rehabilitation Susan B O'Sullivan, Thomas J Schmitz, George Fulk, 2019-01-25 Rely on this comprehensive curriculum spanning text and reference now and throughout your career You ll find everything you need to know about the rehabilitation management of adult patients from integrating basic surgical medical and therapeutic interventions to how to select the most appropriate evaluation procedures develop rehabilitation goals and implement a treatment plan Online you ll find narrated full color video clips of patients in treatment including the initial examination interventions and outcomes for a variety of the conditions commonly seen in rehabilitation settings

Management of Spinal Cord Injuries Lisa Harvey, 2007-12-27 Combining 25 years of clinical research and teaching experience Dr Lisa Harvey provides an innovative 5 step approach to the physiotherapy management of people with spinal cord injury Based on the International Classification of Functioning this

approach emphasises the importance of setting goals which are purposeful and meaningful to the patient. These goals are related to performance of motor tasks analysed in terms of 6 key impairments. The assessment and treatment performance of each of these impairments for people with spinal cord injury is described in the following chapters: training motor tasks, strength training, contracture management, pain management, respiratory management, cardiovascular fitness training. Dr Harvey develops readers' problem solving skills, equipping them to manage all types of spinal cord injuries. Central to these skills is an understanding of how people with different patterns of paralysis perform motor tasks and the importance of different muscles for motor tasks such as transfers and bed mobility of people, wheelchair mobility, hand function for people with tetraplegia, standing and walking with lower limb paralysis. This book is for students and junior physiotherapists with little or no experience in the area of spinal cord injury but with a general understanding of the principles of physiotherapy. It is also a useful tool for experienced clinicians including those keen to explore the evidence base that supports different physiotherapy interventions.

Seating and Wheeled Mobility Michelle L. Lange, Jean L. Minkel, 2024-12-30 Fully updated and expanded in its second edition. *Seating and Wheeled Mobility: A Clinical Resource Guide* presents clinical assessment considerations when working with a person with a mobility disability. The book provides a wide spectrum of information from foundational information for those practitioners who are new to the field to in-depth population specific information for practitioners who perhaps have not worked with a particular population in the past. The book is divided into sections, each section addressing a different area of clinical practice in wheelchair seating and mobility. The first section is an in-depth presentation of the assessment process and pressure management. The range of available seating supports is presented as part of the product selection process including matching the person's needs with available technology. The second section focuses on 24-hour postural care. Three types of sitters are presented: hands-free, hands-dependent and prop sitters. Included is the most current method to measure and describe the seated person and related support surfaces needed when recommending a device. The third section lays the foundation for clinical decision making around the selection and fit of the most appropriate wheeled mobility device: manual power wheelchair or scooter. The fourth section provides in-depth clinical applications for each mobility category. On-time mobility for the very young, power seating and mobility skills training are addressed. The fifth section provides population specific clinical application of position pressure management and mobility for the pediatric, geriatric and bariatric populations as well as persons with both degenerative and complex neuromuscular impairments. The sixth section presents additional considerations when working with persons who are aging with a disability: considerations of the environment of use, safe transport of a wheelchair and the application of wheelchair standards in the clinic. Finally, measuring outcomes throughout the service provision process and a look at the past, present and future of complex rehab technology is included. Richly illustrated throughout, this book has been carefully designed to support occupational and physical therapists, suppliers, distributors and funders/payers who are interested in wheelchair seating and

mobility assessment and applications **The Powered Wheelchair Training Guide** Peter Axelson, Jean Minkle, Anita Perry, Denise Yanada, 2002 As anyone who has ever used a wheelchair knows the world was not built with wheelchair access in mind This guide can teach wheelchair users and their helpers to access the world with a full range of powered wheelchair skills It is full of clear instructions detailed illustrations hints and techniques **Stroke Rehabilitation** Glen Gillen, EdD, OTR, FAOTA, 2015-08-12 Learn to confidently manage the growing number of stroke rehabilitation clients with Gillen's *Stroke Rehabilitation A Function Based Approach* 4th Edition Using a holistic and multidisciplinary approach this text remains the only comprehensive evidence based stroke rehabilitation resource for occupational therapists The new edition has been extensively updated with the latest information along with more evidence based research added to every chapter As with previous editions this comprehensive reference uses an application based method that integrates background medical information samples of functionally based evaluations and current treatment techniques and intervention strategies Evidence based clinical trials and outcome studies clearly outline the basis for stroke interventions **UNIQUE Survivor's Perspectives** help readers understand the stroke rehabilitation process from the client point of view **UNIQUE Case studies** challenge readers to apply rehabilitation concepts to realistic scenarios **UNIQUE A multidisciplinary approach** highlights discipline specific distinctions in stroke rehabilitation among occupation and physical therapists physicians and speech language pathologists Review questions in each chapter help readers assess their understanding of rehabilitation concepts Key terms and chapter objectives at the beginning of each chapter help readers study more efficiently Three new chapters broaden your understanding of stroke intervention in the areas of Using Technology to Improve Limb Function Managing Speech and Language Deficits after Stroke and Parenting after Stroke Learning activities and interactive references on a companion Evolve Resources website help you review textbook content and locate additional information **Proceedings of the ... Annual Conference** RESNA (Association). Conference, 2002 *Guide to Pediatric Physical Therapy: A Clinical Approach* Martha Bloyer, Tricia Catalino, Eric Shamus, Cindy Miles, 2025-01-10 Everything you need to know to perform safe effective physical therapy on babies children and teens *Guide to Pediatric Physical Therapy* provides pedagogy from top experts in the field to help you master the practice of PT for kids This dynamic easy to follow resource is filled with cases that help you apply concepts to real world situations along with art and illustrations that reinforce what you have learned Each chapter opens with a case which is followed by two or three additional cases presented as boxed features Critical information is presented in tables particularly effective in helping you quickly digest key concepts With more than 75 collective years teaching pediatric physical therapy this author team are masters of the subject matter and know how today's students prefer to learn Key tables highlight high yield information Each case study is followed by open ended questions for to consider Chapter summaries are presented in bullet form to make learning easy and quick Q A following summaries are written in NPTE Exam format **Efficacy of the Wheelchair Skills Training Program for Community-based Manual Wheelchair Users**

[microform] Krista L. Best, 2004 **Proceedings of the ... IEEE Instrumentation and Measurement Technology Conference**, 2002 Curriculum guide Fred Reneau, 1990 **Stroke Rehabilitation** Glen Gillen, Ann Burkhardt, 2004 This 2nd edition remains the only comprehensive evidence based text on the Occupational Therapy management of the stroke patient The book is based on the most up to date research on stroke rehabilitation and presents its content in a holistic fashion combining aspects of background medical information samples of functionally based evaluations and treatment techniques and interventions There are chapters on specific functional aspects of living after stroke such as driving sexuality mobility and gait and self care Instructor resources are available please contact your Elsevier sales representative for details Case studies are featured in every chapter to help the reader understand how concepts apply to the real world 2 chapters that feature the true stories of stroke victims presenting occupational therapy situations from the point of view of the patient Key terms chapter objectives and review questions help students better understand and remember important information 7 new chapters make this text more comprehensive than ever Psychological Aspects of Stroke Rehabilitation Improving Participation and Quality of Life Through Occupation The Task Oriented Approach to Stroke Rehabilitation Approaches to Motor Control Dysfunction An Evidence Based Review Vestibular Rehabilitation and Stroke How Therapists Think Exploring Clinician s Reasoning When Working With Clients Who Have Cognitive and Perceptual Problems Following Stroke A Survivor s Perspective II Stroke Reflects the current terminology and categorization used by the WHO and the new AOTA Practice Framework so students will be equipped with the latest standards when they enter the workforce Updated medication chart presents the latest drugs used in stroke rehabilitation *Physical Activity for Individuals with Mental Retardation* Carl B. Eichstaedt, Barry Wayne Lavay, 1992 This is a movement oriented text which covers the life span of people with mental disabilities from early childhood and immediate post school to adulthood and the senior years Readers will discover the characteristics and unique needs of individuals with mental disabilities They will also become familiar with methodologies for facilitating fitness and movement competencies *A Guide to Recognizing, Understanding, and Assisting Travellers with Disabilities* Hickling-Partners Inc, Canada. Transport Canada, 1983 Coordinated Paratransit in the Era of the ADA Mary Kihl, 1991 Medicare and Medicaid Guide, 1969

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