

# BLOOD PRESSURE COMPETENCY CHECKLIST

DATE: \_\_\_\_\_

Attempt: 1 2 3

Competency: Obtains both systolic and diastolic blood pressure readings.

Behaviors: 1. Chooses correct size blood pressure cuff.  
2. Demonstrates correct procedure for obtaining accurate blood pressure measurement.

GRADE LEVEL: GRADE 11-CAREGIVING

## Steps:

1. Identify patient.
2. Assist patient to Semi-Fowler's or sitting position with back supported and allow to rest for 5 minutes prior to obtaining blood pressure.
3. If sitting, patient's feet should be flat, not dangling from exam table or bed, and her legs uncrossed.
4. Assess for any consumption of caffeine or nicotine within previous 30 minutes.
5. Instruct patient on need to obtain blood pressure.
6. Position patient with back supported and arm at heart level with palm turned up.
7. Bare upper arm of any restrictive clothing.
8. Select appropriate size cuff (width of bladder 40% of circumference and encircle 80% of arm).
9. Palpate brachial artery
10. Position cuff 1" above site of brachial pulsation (antecubital space). Center bladder of cuff above artery.
11. Assess for proper fit of blood pressure cuff.
12. Verbalizes that if proper fit is not obtained may use forearm for B/P measurement.
13. Instruct patient not to talk during B/P measurement
14. Obtain blood pressure reading using automated or manual method
15. Document B/P, patient position, and arm in which taken.
16. Verbalizes that if B/P in severe range ( $\geq 160/110$ ), recheck B/P in 15 minutes

TOTAL SCORE  
REQUIRED TO MEET

RATING SCALE	
MEETS	DOES NOT MEET
80%	

\* Essential Elements

MEETS ☐ DOES NOT MEET ☐

Teacher's Signature \_\_\_\_\_

Student's Signature \_\_\_\_\_

# Manual Blood Pressure Competency

**Michael Kost**



## **Manual Blood Pressure Competency:**

**Critical Care Manual of Clinical Procedures and Competencies** Jane Mallett, John Albarran, Annette Richardson, 2013-05-15 This manual is aimed at all healthcare practitioners from novice to expert who care for the critically ill patient recognising that different disciplines contribute to the provision of effective care and that essential knowledge and skills are shared by all practitioners It provides evidence based guidelines on core critical care procedures and includes a comprehensive competency framework and specific competencies to enable practitioners to assess their abilities and expertise Each chapter provides a comprehensive overview beginning with basic principles and progressing to more complex ideas to support practitioners to develop their knowledge skills and competencies in critical care

**Manual for medical examiners of the United States Veterans' Bureau** United States. Veterans' Bureau, 1929 Mosby's Clinical Skills for Medical Assistants Sharron M. Zakus, 2001 This resource emphasizes high levels of competency in patient care communication skills health and wellness promotion and patient education while always reflecting cultural and age appropriate sensitivity The 4th edition contains current clinical information for medical assistants and complies with both the AAMA and RMA curriculum standards Case studies and step by step procedures with complete details charting examples rationales and a chapter on nutrition are included for a realistic clinically oriented view of medical assisting Plus an accompanying CD ROM simulates realistic clinical situations

**Manual of Conscious Sedation** Michael Kost, 1998 For the first time one source assembles all the guidance you need to provide effective nursing care for patients undergoing conscious sedation This 1998 AJN Book of the Year offers you thorough discussions of preprocedural patient care monitoring requirements post procedural care and much more Continuing education contact hours are available through the Nursing Spectrum in association with this book

**Student Mastery Manual to Accompany Clinical Procedures for Medical Assistants** Kathy Bonewit-West, 2003-12 Contains extensive exercises for each chapter and performance checklists A new board game is included providing students with a fun way to refine their clinical and critical knowledge and skills

**AACN Procedure Manual for Critical Care** American Association of Critical-Care Nurses, 2001 Turn here for comprehensive coverage of procedures commonly performed in the critical care environment Each procedure is detailed step by step with the very latest information a strong research base and rationales for each step The fourth edition features new advanced practice procedures that are noted with special icons Also includes new procedures for cardiac arrest devices continuous venovenous hemofiltration and more Research based data has been added to strengthen recommendations for each procedure

*A Manual of General Or Experimental Pathology* Walter Sydney Lazarus-Barlow, 1904

**Manual of Staff Development** Lori Rodriguez, 1996 The MANUAL OF STAFF DEVELOPMENT is a practical resource that provides staff development educators and administrators with a compendium of useful tools and techniques to meet the rapidly changing professional development needs of their staff Drawn from hospitals through the U S and Canada the materials address such

crucial and diverse activities as staff development certification finance quality marketing instructional design needs assessment program planning orientation preceptorship in service education competence assessment and evaluation This resource enables the staff development educator to benefit from the expertise and experience of numerous staff development experts saving the time and money required creating these programs and materials **Instructor's Manual to**

**Accompany the Administrative Medical Assistant** Mary E. Kinn,1999-09-14 The Manual of Operating Room Management Cynthia Spry,1990 Here is a thorough pragmatic hands on guide to developing cost effective and high quality OR policies and procedures Concise overviews spell out the need and purpose of every OR administrative and managerial task and down to earth blueprints take you through the steps necessary to accomplish tasks and maintain quality The manual includes hundreds of pages of formatted material proven through use by the leading surgical facilities that provided them ready to put to work A Manual of General Pathology Walter Sydney Lazarus-Barlow,1898 **Manual of Practical**

**Morbid Anatomy** Sir Humphry Davy Rolleston,Alfredo Antunes Kanthack,1894 *Nursing Times, Nursing Mirror* ,2009

**Nurse's Manual of Laboratory and Diagnostic Tests** Bonita Morrow Cavanaugh,1999 This manual contains comprehensive information on laboratory and diagnostic tests in a quick retrieval format with a strong focus on nursing care before during and after each test *A Manual of general or experimental pathology for students and practitioners* Walter

Sydney Lazarus-Barlow,1904 An Orientation Manual for Long-term Care Facilities Joan M. Iannone,Margaret Gorely Bye,1993 Nurse's Manual of Laboratory and Diagnostic Tests Juanita Watson,Marie S. Jaffe,1995 The new second edition combines the review of laboratory and diagnostic tests Every test is presented in two distinct easily identifiable yet completely cross referenced sections background information and clinical applications data The text contains a strong focus on nursing care *Clinical Nursing Skills* Sandra Fucci Smith,Donna Duell,1992 **Audiovisual Materials** ,1980

**Alcohol Withdrawal Treatment Manual** Paolo B. DePetrillo,Mark K. McDonough,1999

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