

■ PHILIPPE HOFMAN ■

L'impossible séparation

**entre les jeunes adultes
et leurs parents**



■ ALBIN MICHEL ■

Limpossible Seacuteparation Entre Les Jeunes Adultes Et Leurs Parents

Philippe Hofman



L'impossible Séparation Entre Les Jeunes Adultes Et Leurs Parents:

L'Impossible séparation Philippe Hofman, 2011-05-11 Dans une société en proie aux crises et aux ruptures les jeunes adultes se sentent vulnérables. L'incertitude de l'avenir les rend hésitants sur tous les plans scolaire professionnel conjugal. Pour chaque décision chaque étape ils sollicitent le soutien de leurs parents. Ces derniers ont su se construire en se coupant de leurs propres parents de leurs territoires et de leurs partenaires. Mais jamais de leurs enfants qu'ils ont surprotégés et sacrifiés. Après s'être coupés de tout ils se sont collés ce qu'ils avaient de plus précieux leurs enfants le seul lien fiable et constant dans le monde chaotique qu'ils ont créé. Philippe Hofman psychologue clinicien décrit les paradoxes actuels de cette séparation impossible. Dans ce livre percutant ponctué d'exemples il incite ces parents coupés collés et leurs enfants à inventer les pistes de l'autonomie. Un parcours essentiel qui permet de s'affranchir de liens affectifs aussi aliénants que constitutifs.

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