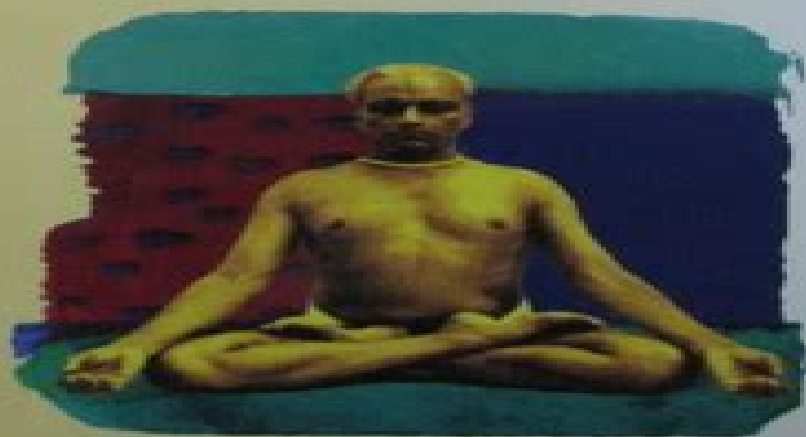


B. K. S. IYENGAR

*Light on
Prāṇāyāma*

The Yogic Art of Breathing



Introduction by Yehudi Menuhin

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