



HONDA
CB400T

3. INSPECTION AND ADJUSTMENT

<ENGINE>

| | |
|-----------------------------|-----|
| SPARK PLUG ADJUSTMENT | 3-2 |
| IGNITION TIMING INSPECTION | 3-2 |
| VALVE CLEARANCE ADJUSTMENT | 3-3 |
| CAM CHAIN ADJUSTMENT | 3-3 |
| THROTTLE OPERATION | 3-4 |
| IDLE SPEED ADJUSTMENT | 3-4 |
| CARBURETOR SYNCHRONIZATION | 3-5 |
| CHOKE MECHANISM MAINTENANCE | 3-6 |
| FAST IDLE ADJUSTMENT | 3-6 |
| BALANCE CHAIN ADJUSTMENT | 3-7 |

| | |
|-------------------------|-----|
| AIR CLEANER MAINTENANCE | 3-7 |
| FUEL LINE INSPECTION | 3-7 |
| COMPRESSION TEST | 3-8 |
| CLUTCH ADJUSTMENT | 3-8 |

<CHASSIS>

| | |
|---------------------|------|
| FRONT BRAKE (DISC) | 3-10 |
| FRONT BRAKE (DRUM) | 3-10 |
| REAR BRAKE | 3-11 |
| DRIVE CHAIN | 3-12 |
| SIDE STAND | 3-12 |
| BATTERY ELECTROLYTE | 3-14 |
| WHEELS/SPOKES | 3-14 |

• SPECIFICATIONS

<ENGINE>

Spark plug gap, mm: 0.6-0.7 mm (0.004-0.009 in.)
NO. K24ES-CL-NICK 945A
Ignition timing "F" mark: 15° BTDC at 1,000 rpm
Fuel advance: 42° BTDC at 6,000-8,000 rpm
Valve clearance (in): 0.10 ± 0.02 mm (0.004 ± 0.0009 in.)
EX: 0.14 ± 0.02 mm (0.006 ± 0.0009 in.)
Throttle free play: 2-3 mm (0.08-0.12 in.)
Idle speed: 1,200 ± 100 rpm
Synchrometer rotation: 200-240 rev/min
Fast idle speed: 2,500 ± 500 rpm
Compression: 13.5 ± 1 kg/cm² (188 ± 14 psi)
Clutch free play: 10-20 mm (0.8-1.6 in.)

• TORQUE VALUES

Balance arm nut (8 mm): 2.8-2.9 kg-m (18-19 lbs-ft)
Balance arm nut (10 mm): 3.0-3.5 kg-m (22-25 lbs-ft)
Front axle nut: 8.5-9.5 kg-m (60-68 lbs-ft)
Front axle holder nut: 0.8-2.5 kg-m (5.5-18 lbs-ft)
Rear axle nut: 7.5-10.0 kg-m (54-72 lbs-ft)
Sprocket nut: 0.2-0.35 kg-m (1.4-2.5 lbs-ft)

<CHASSIS>

Front brake (drum free play): 20-30 mm (0.8-1.2 in.)
Rear brake free play: 20-30 mm (0.8-1.2 in.)
Drive chain play: 20 mm (0.8 in.)
Tire pressures:
Up to 90 km/h (55 mph):
Front 1.75 kg/cm² (24 psi)
Rear 2.25 kg/cm² (32 psi)
Up to vehicle capacity limit:
Front 1.75 kg/cm² (24 psi)
Rear 2.5 kg/cm² (36 psi)



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E Durkheim



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WALNECK'S CLASSIC CYCLE TRADER, SEPTEMBER 2000 Causey Enterprises, LLC, **WALNECK'S CLASSIC CYCLE TRADER, SEPTEMBER/OCTOBER 1987** Causey Enterprises, LLC, **The Cumulative Book Index**, 1979 A world list of books in the English language **WALNECK'S CLASSIC CYCLE TRADER, FEBRUARY 2006** Causey Enterprises, LLC, **WALNECK'S CLASSIC CYCLE TRADER, JUNE 2006** Causey Enterprises, LLC, **WALNECK'S CLASSIC CYCLE TRADER, JANUARY 2006** Causey Enterprises, LLC, **The British National Bibliography** Arthur James Wells, 1979 **American Motorcyclist**, 1990-06 American Motorcyclist magazine the official journal of the American Motorcyclist Association tells the stories of the people who make motorcycling the sport that it is It s available monthly to AMA members Become a part of the largest most diverse and most enthusiastic group of riders in the country by visiting our website or calling 800 AMA JOIN Honda CB 250 T, CB 400 T, and CB 400 A Twins Owners Workshop Manual Mansur Darlington, 1978 Models covered CB250T cc introduced to UK only August 1977 CB400T 395 cc introduced to UK only August 1977 CB400T1 395 cc introduced to USA only August 1977 CB400T2 395 cc introduced to USA only September 1977 CB400A Hondamatic 395 cc introduced to UK and USA August 1977 Honda CB400 and CB 550 Fours Owners Workshop Manual, No. M262 John Haynes, 1995-06-29 Haynes disassembles every subject vehicle and documents every step with thorough instructions and clear photos Haynes repair manuals are used by the pros but written for the do it yourselfer Honda CB 100 N & CB 125 N Singles Owners Workshop Manual 1978 to 1980 Martyn Meek, 1990 Honda Owners Workshop Manual Pete Shoemark, Ken Freund, 1985-10-01 Haynes offers the best coverage for cars trucks vans SUVs and motorcycles on the market today Each manual contains easy to follow step by step instructions linked to hundreds of photographs and illustrations Included in every manual troubleshooting section to help identify specific problems tips that give valuable short cuts to make the job easier and eliminate the need for special tools notes cautions and warnings for the home mechanic color spark plug diagnosis and an easy to use index **Honda 1971-1978 Workshop Manual 4-Cylinder Cb500, Cb550 & Cb550f Super Sport** Floyd Clymer, 2023-05-24 194 pages and more than 500 illustrations and charts size 8 25 x 10 75 inches This Workshop Manual is a compilation of various Honda Factory Manuals for the three variants of the 500cc and 550cc four cylinder models manufactured from 1971 through 1978 The original CB500 released in 1971 ultimately morphed into the 1974 CB550 and the 1975 CB550F Super Sport The original base 500cc manual was expanded by the factory to include the CB550 and subsequently updated with supplements for the later models It covers the 1971 1973 K0 K1 a CB550 76 would be a 1976 USA model but in most other countries that same model would be identified as a CB550K2 Setting this potential for confusion aside we can state that this manual covers the entire 1971 through 1978 range of 500cc and 550 cc four cylinder models After his visit to Japan in 1961 Floyd Clymer published The Complete Catalog of Japanese Motor Vehicles ISBN 9781588502209 Based on his experiences during that visit Floyd also anticipated the need for repair

manuals for those Japanese motorcycles that were just starting to be imported into the USA Yamaha 1958 Honda 1959 Suzuki 1963 The predominance of the Floyd Clymer Japanese motorcycle manuals were either reprints or compilations of the factory publications which today makes them more desirable than the current aftermarket manuals Honda 400 & 550 Fours John Witcomb,1995 **Procès-verbal des séances de l'administration du département de l'Aisne...**,1790 Honda Civic service manual, 1978 , **Honda Accord shop manual, 1978** , Motorcycle Shop Manual American Honda Motor Company,1971 HONDA 1965-1978 WORKSHOP MANUAL 125cc, 160cc, 175cc & 200cc TWIN CYLINDER CENTER CAM DRIVE Floyd Clymer,2022-04-30 116 pages with more than 360 illustrations and diagrams size 8 25 x 10 75 inches At the time of Floyd Clymer s unexpected demise in 1970 there were a number of manuals that had been completed and were ready for publication This Honda 125cc 200cc is one of those completed but previously unpublished compilations of various Honda Factory Manuals for the 125cc 160cc 175cc and 200cc center cam drive twins While this manual was likely completed in early 1970 it actually covers the 1964 through 1978 street scrambler and motosport models The primary focus is the maintenance and repair of the major mechanical and electrical components including Engine Transmission Clutch Fuel Electrical Frame Suspension and Steering Owners of the earlier 125 150cc C92 C95 twin cylinder Benly series 1959 1966 are directed to our Honda factory workshop manual ISBN 9781588500823 which is exclusive to those models After his visit to Japan in 1961 Floyd Clymer published The Complete Catalog of Japanese Motor Vehicles ISBN 9781588502209 Based on his experiences during that visit Floyd also anticipated the need for repair manuals for those Japanese motorcycles that were just starting to be imported into the USA Yamaha 1958 Honda 1959 Suzuki 1963 The predominance of the Floyd Clymer Japanese motorcycle manuals were reprints or compilations of the factory publications which today makes them more desirable than the current aftermarket manuals **HONDA 1969-1978 WORKSHOP MANUAL 750cc SOHC 4 CYLINDER K0 K8 & F0 F3** Floyd Clymer,2022-10-23 238 pages and more than 600 illustrations and charts size 8 25 x 10 75 inches At the time of Floyd Clymer s unexpected demise in 1970 there were a number of manuals that had been completed and were ready for publication this Honda CB750 is one of those manuals When the original manual was compiled in either late 1969 or early 1970 it was only applicable to the first series of 1969 70 S O H C CB750 Sandcast and CB750K0 models and minor changes to these early models are noted in the text However detailed information on these changes and subsequent changes have been updated by the addition of supplements that cover the 1971 to 1978 CB750K K1 K8 series plus the 1975 to 1978 CB750F F0 F3 models There were a number of running changes made throughout the 10 year production run of these models and in order to provide information applicable to those changes the appropriate supplements are appended to the rear section of this manual Prior to commencing any work the reader is encouraged to review those supplements with regard to applicable engine number notations as whenever engine numbers are stated all specifications maintenance and repair instructions will be specific to that particular series Beginning in 1968 and extending through the

1975 model year the K suffix often but not always changed on an annual basis K0 was normally used to indicate the first model in the series with updated versions identified as K1 K2 K3 etc While the K number designations continued in use outside the USA through 1978 in September 1973 American Honda adopted a year identifier within the model number for example a CB750K 76 would be a 1976 USA model but in most other countries that same model would be identified as a CB750K6 Setting this potential for confusion aside we can state that this manual covers the 1969 through 1978 S O H C CB750K and CB750F models The CB750 was a true superbike but it was also readily available and reasonably priced After its initial launch in 1969 the CB750 remained in production virtually unchanged through 1978 With a 10 year production run of approximately 450 000 units no one could have anticipated that it was destined to become a collector s item Consequently we are pleased to offer this updated and expanded version of the original Floyd Clymer manual as a service to all 750cc S O H C Honda owners enthusiasts and restorers worldwide Finally please note that the text in the original manual was translated from Japanese into English Consequently some of the phrasing grammar punctuation and word usage may be subtly different from that commonly used in the English language However the information as presented is readily understandable In addition while we have done our best to identify any anomalies and errors that may have occurred during the original translation process we are certain that we will have missed one or two and we request your indulgence in ignoring them

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Table of Contents Manual 1978 Cb400a Honda

1. Understanding the eBook Manual 1978 Cb400a Honda
 - The Rise of Digital Reading Manual 1978 Cb400a Honda
 - Advantages of eBooks Over Traditional Books
2. Identifying Manual 1978 Cb400a Honda
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Manual 1978 Cb400a Honda
 - User-Friendly Interface
4. Exploring eBook Recommendations from Manual 1978 Cb400a Honda
 - Personalized Recommendations
 - Manual 1978 Cb400a Honda User Reviews and Ratings
 - Manual 1978 Cb400a Honda and Bestseller Lists
5. Accessing Manual 1978 Cb400a Honda Free and Paid eBooks

- Manual 1978 Cb400a Honda Public Domain eBooks
- Manual 1978 Cb400a Honda eBook Subscription Services
- Manual 1978 Cb400a Honda Budget-Friendly Options
- 6. Navigating Manual 1978 Cb400a Honda eBook Formats
 - ePub, PDF, MOBI, and More
 - Manual 1978 Cb400a Honda Compatibility with Devices
 - Manual 1978 Cb400a Honda Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Manual 1978 Cb400a Honda
 - Highlighting and Note-Taking Manual 1978 Cb400a Honda
 - Interactive Elements Manual 1978 Cb400a Honda
- 8. Staying Engaged with Manual 1978 Cb400a Honda
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Manual 1978 Cb400a Honda
- 9. Balancing eBooks and Physical Books Manual 1978 Cb400a Honda
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Manual 1978 Cb400a Honda
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Manual 1978 Cb400a Honda
 - Setting Reading Goals Manual 1978 Cb400a Honda
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Manual 1978 Cb400a Honda
 - Fact-Checking eBook Content of Manual 1978 Cb400a Honda
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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