Menstrual Distress Questionnaire (MEDI-Q)

Istrazioni - La preghiano di examinare attenuamente l'elenco dei sintomi forniti. Risponda alla domanda A per ogni sintomo che ha sperimentato durante i suoi cicli mestruali negli ultimi 12 mesi. Se non ha riscontrato un particolare sintomo, risponda "No" e pussi al sintomo successivo nell'elenco. Tuttaria, se ha riscontrato un certa sintomo durante i suni cicli mestruali, risponda anche alle domande B, C e D riguordanti l'impatto di quel sintomo sul suo funzionamento e sulla sua qualità di vita.

| A. Nell'ultimo anno nei giorni in cui aveva il flusso mestruale ha mai avulo | | | | | Se ha avuto questo sintomo, quanto ha interferito con la una qualità della vita, le sue attività ricreative o lavorative e le sue relazioni sociali | | | | | | | | | | | | | |
|--|---|--|---|---------|--|-----|------|--------|--|-----|---|--|-----------|--|---------|------|--|--|
| | | | | | Bnei giorni in cui aveva il flusso mestrusie? | | | | Cin fase premestruale (nei ? giorni prima dell'inizio delle mestruazioni)? | | | | | D negli altri giorni (al di foori della fase mestruale/promestruale)? | | | | |
| | | Si, meno della metà shelle volte in cui ho avuto il ciclo | | An mark | į | 100 | Mean | 27/2/2 | į | 166 | 1 | Non ho mai avato questo sintomo in fine promostroale | The sales | į | Abhasan | Make | Non ho mai avuto questo sistomo al di faori della fase mestruale premestruale | |
| 1dolore al besso ventre? | | | | | | | | | | | | | | | 0 | | | |
| 2 delore a urinare? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| 3dolore silla defecusione? | D | | | 0 | П | D | D | 0 | | | П | | 0 | | 0 | D | | |
| 4. dolore muscolare osseo articulare? | | 0 | | п | П | П | П | D | 0 | | п | 0 | 0 | | 0 | П | 0 | |
| 5 | 0 | 0 | 0 | п | 0 | | D | п | | | п | | | п | | | 0 | |
| 6hanes? | | 0 | | п | П | | П | п | | | П | | п | | 0 | п | | |
| 7 orfolos (mel di testa)? | D | 0 | | D | 0 | 0 | 0 | 0 | D | 0 | 0 | 0 | 0 | D | 0 | 0 | 0 | |
| difficoltà digestive (digestione lunga, braciori di etonaco, fastidioso senso di pienezza dopo i pasti)? | О | 0 | О | 0 | 0 | 0 | D | D | 0 | п | 0 | 0 | 0 | а | О | 0 | а | |
| 9durres? | 0 | 0 | | 0 | D | D | D | 0 | 0 | 0 | D | 0 | D | | 0 | 0 | 0 | |
| 10strichezza* | 0 | а | | 0 | п | 0 | 0 | 0 | 0 | | О | .0 | В | | 0 | D | 0 | |
| malemere o disagio a cussa delle perdite emariche vaginali? (paura di macchie/odori, fastidio per l'assorbente, difficoltà o imbarazzo nei rapporti nessuali)? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | О | 0 | 0 | 0 | 0 | 0 | |
| 12 la sensazione di sentirsi impura? | | 0 | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | D | | а | 0 | 0 | |
| la sensazione di essere eccessivamente triste (con facilità al pianto, scarsa spinta a fare le cosse, perdita di interesse per le sassili attività)? | п | 0 | п | 0 | D | 0 | D | D | 0 | п | D | D | D | 0 | 0 | 0 | а | |

Menstrual Distress Questionnaire Manual

Benson Ginsburg

Menstrual Distress Questionnaire Manual:

Menstrual Distress Questionnaire Manual Rudolf H. Moos, 1991 Menstrual Distress Questionnaire Rudolf H. Handbook of Mind-Body Medicine for Primary Care Donald Moss, Angele McGrady, Terence C Davies, Ian Moos, 1969 Wickramasekera, 2002-09-17 It is a very thorough and up to date clinical handbook and reference for the primary care Doc or nurse if you have a favorite Family Doc or Internist or Nurse Practitioner or administrator and you want them to have a nice gift buy them this book But read it before you give it away JOURNAL OF NEUROTHERAPY The Handbook of Mind Body Medicine for Primary Care introduces an evidence based mind body approach to the medical and behavioral problems of primary care patients Evidence based mind body practice draws on the best available scientific research advocating the integration of well documented mind body therapies into primary health care The handbook summarizes current mind body practice and provides an overview of the basic techniques including biofeedback neurofeedback relaxation therapies hypnotherapy cognitive behavioral therapies acupuncture and spiritual therapies The editors also thoroughly demonstrate the application of these techniques to common disorders such as headache chronic pain and essential hypertension as well as anxiety depression chronic fatigue syndrome fibromyalgia and sleep disorders The Handbook includes educational models with guidelines for physicians nurses physicians assistants and behavioral health practitioners. The book closes with a look at the existential and spiritual side of the human encounter with sickness and disease This handbook will benefit a wide variety of health providers in primary care The Handbook is divided into four parts Part I introduces the conceptual models from the psychophysiological perspective for understanding functional medical problems Part II describes specific clinical tools and interventions Part III overviews the best documented cognitive behavioral approaches and alternative therapies to common disorders Part IV provides educational models for practitioners in each of the mind body disciplines About the Editors Donald Moss Ph D is Director of Chronic Pain Services at West Michigan Behavioral Health Services Angele V McGrady Ph D is a Professor of Psychiatry and Adjunct Professor of Physiology and Molecular Medicine at Medical College of Ohio Terence C Davies MD is Chairman of Family and Community Medicine at Eastern Virginia Medical School Ian Wickramasekera Ph D is a Professor of psychology at Saybrook Graduate School Clinical Professor of Psychiatry at Stanford Medical School and Professor of Family Medicine at Eastern Virginia Medical School **The Curse** Janice Delaney, Mary Jane Lupton, Emily Toth, 1988 In its hard headed richly documented concreteness it is worth a thousand polemics New York Times from a review of the first edition The Curse deserves a place in every women's studies library collection Sharon Golub editor of Lifting the curse of Menstruation A stimulating and useful book both for the scholarly and the general reader Paula A Treichler co author of A Feminist Dictionary Perimenstrual Symptoms Rudolf H. Moos, Veterans Administration Medical Center (Palo Alto, Calif.), Stanford University. School of Medicine, 1985 **Biopolitics and Gender** Meredith W Watts Jr,2012-12-06 Here is an important book for social scientists interested in the influence of gender on certain types of behavior Several

perspectives are presented on the general topic of biopolitics and gender including the points of view of brain science endocrinology ethology psychophysiology and such conventional interests as political attitudes socialization participation social structure and political hierarchy The varied and provocative ideas explored in this volume will broaden discussions of gender beyond an exclusive focus on sex links to oppression and discrimination **Culture, Society, and Menstruation** Virginia L. Olesen, Nancy Fugate Woods, 1986 Los ensayos recogidos en esta publicación muestran una visión del ciclo menstrual femenino que va mas alla del punto de vista meramente biologico insertandolo en el contexto sociocultural Se reflexiona sobre la problematica que rodea a la menstruación y la menopausia en distintos ambitos **Premenstrual Syndrome** Benson Ginsburg, 2012-12-06 As **Progesterone on the Brain** D. Ganten, D. Pfaff, 2012-12-06 the work on a revised edition of the Diagnostic and StatisticaL ManuaL OSM IIIR progressed a great controversy grew over the inclusion of a new diagnostic category Premenstrual Phase Dysphoric Disorder Some nosologists and scientists who study premenstrual syndrome PMS felt that while a specific psychiatric disorder does exist it occurs relatively rarely The disorder can be characterized by recurrent periods of dysphoria on a monthly basis in synchrony with the menstrual period PMS already exists as a diagnosis in leD 9 the international medical nomenclature The category for DSM IIIR was to be a specific psychiatric disorder concentrating on the dysphoric reaction and not including all of the physical and mental symptoms that people have ascribed to this condition Much of the controversy that ensued had little to do with the diagnostic category or the condition itself Rather it concerned feelings voiced by feminist groups that the new diagnostic category would be misleading that it would inappropriately label women as mentally ill and that it would be affixed not only to the dysphoric disorder but everything else that happens psychiatrically to women Functional Disorders of the Menstrual Cycle Michael George Brush, E. M. Goudsmit, 1988 Instructor's Manual & Test Item File Catherine Fosnot, 1983 The Menstrual Cycle: A synthesis of interdisciplinary research Alice J. Dan, Effie A. Graham, Carol P. Beecher, 1980 Journal of Behavioral Medicine, 1991 An Investigation Into the Relationships of Menstrual Attitudes, Beliefs, and Symptom Experiences Between Adolescent Females, Their Peers and Their Mothers Susan Marie Stoltzman, 1982 Instructor's Manual for Masters, Johnson, and Kolodny's Human Sexuality William H. Masters, 1982 Projects and Instructor's Manual for Masters, Johnson, and Kolodny's Human Sexuality, Second Edition questions on each chapter Menstrual Health in Women's Lives Alice J. Dan, Linda L. Lewis, 1992 Menstrual health education Nancy J. Kolodny, 1985 migraine headaches that occur around the time of the period menstrual synchrony seasonal variations in the menstrual cycle tampon safety and premenstrual syndrome PMS are among the topics discussed in this interdisciplinary volume Acta Obstetricia Et Gynecologica Scandinavica ,1989 Behavioral Assessment Alan S. Bellack, Michel Hersen, 1988 Emotion and Reproduction L. Carenza, L. Zichella, 1979

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