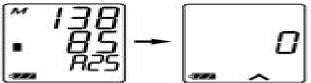
# TAKING YOUR BLOOD PRESSURE



5. Press the START button. Your average blood pressure reading will appear with the number of measurements stored in memory (i.e. A25 = total of 25 measurements stored in memory) and a flashing ★ symbol, indicating that monitor is ready for measurement.

NOTE: If the ▼ symbol is displayed, the cuff has some air trapped in it. Press the exhaust valve button until the ★ symbol is displayed. You may have to press on the cuff while holding the exhaust valve to release all the air in the cuff.



- 6. When the A symbol is displayed, begin cuff inflation by squeezing the inflator bulb repeatedly. It may take a few seconds for the A symbol to appear.
- 7. Stop squeezing the inflator bulb when A symbol disappears or until cuff pressure reaches about 30 mmHg to 40 mmHg above expected systolic pressure. If inflating to a level above your expected systolic pressure, we recommend using the chart shown below to determine your inflation level.

Usual Systolic	Inflate to
Up to 130	160
131-170	200
171-210	240
211-250	280

# <u>Lifesource Ua 705 User Guide</u>

**Robert R. Redfield** 

Lifesource Ua 705 User Guide:

## Decoding Lifesource Ua 705 User Guide: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Lifesource Ua 705 User Guide**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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