



STRANGULATION IS AN ALARMINGLY COMMON PART OF DOMESTIC VIOLENCE.

SIGNS of Strangulation

Signs are visible evidence of injury, observable to others or with a mirror.

SCALP

- Petechiae
- Bald spots (from hair being pulled)
- Bump to the head (from hand force trauma or falling to the ground)

EYES & EYELIDS

- Petechiae to eyeball
- Petechiae to eyelid
- Bloody red eyeball(s)
- Vision changes
- Droopy eyelid

FACE

- Petechiae (tiny red spots; slightly red or raw)
- Scratch marks
- Facial drooping
- Swelling

CHEST

- Chest pain
- Redness
- Scratch marks
- Bruising
- Abrasions

EARS

- Ringing in ears
- Petechiae (on earlobe(s))
- Bruising behind the ear
- Bleeding in the ear

MOUTH

- Bruising
- Swollen tongue
- Swollen lips
- Cuts/abrasions
- Internal Petechiae

NECK

- Redness
- Scratch marks
- Finger nail impressions
- Bruising (thumb or finger)
- Swelling
- Ligature Marks



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*The lack of visible signs does not indicate the severity of strangulation. Visible evidence may and may not be present.

SYMPTOMS of Strangulation

Symptoms are signs that are felt, observable only by the victim.

NEUROLOGICAL

- Loss of memory
- Loss of consciousness
- Behavioral changes
- Loss of sensation
- Extremely weakness
- Difficulty speaking
- Fainting
- Irritation
- Delirium
- Vomiting
- Dizziness
- Headaches

VOICE & THROAT CHANGE

- Raspy or hoarse voice
- Unable to speak
- Trouble swallowing
- Painful to swallow
- Clearing the throat
- Coughing
- Nausea
- Drooling
- Sore throat
- Sore

BREATHING CHANGES

- Difficulty breathing
- Respiratory distress
- Unable to breathe



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*Visible signs may often be present.

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B Lingard



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