

Définition

Augmentation de la pression à l'intérieur d'un compartiment musculaire fermé, perturbant la fonction et la viabilité des tissus contenus dans ce compartiment.

Principalement un trouble des extrémités et est plus fréquent au niveau des jambes et de l'avant-bras.

Facteurs de risque

Traumatisme avec hématome et/ou œdème
Plâtre, attelle, contention rigide circulaire
Pansement compressif
Ostéosynthèse à foyer fermé
Troubles de l'hémostase
Injection de toxiques
Efforts musculaires inhabituels
Reperfusion après période d'ischémie
Plus rare : morsure de serpent, brûlures

Signes cliniques

Douleurs intenses
Hyper puis hypoesthésie cutanée
Fourmillements
Tension douloureuse de la loge
Troubles de la sensibilité et de la motricité si retard de diagnostic

Physiopathologie

L'augmentation de la pression intramusculaire est au cœur de la physiopathologie du syndrome de loges.

Il débute par un œdème tissulaire ou un hématome (à la suite d'un traumatisme).

Cet œdème se situe dans un espace aponevrotique inextensible ce qui entraîne une augmentation de la pression dans les loges avec compression des nerfs, des vaisseaux sanguins et du muscle.

Le mécanisme du syndrome aigu de loge associe dans un cercle vicieux et auto-entretenu la baisse de la vascularisation tissulaire et l'augmentation de la pression intramusculaire. Il y a risque de nécrose.

Examens complémentaires

Examen clinique

Mesure de la pression intramusculaire

UE 2.4 Processus traumatiques

Syndrome des loges

Traitements

Ablation de l'élément compressif : attelle, plâtre, autre contention, pansement

Traitement préventif

Dépistage systématique dans les situations à risque
Surélévation du membre pour éviter l'œdème

Traitement chirurgical en urgence

Aponévrotomie de décharge
Amputation si nécrose étendue

Traitement des complications

Hyperkaliémie à corriger
Traitement de la rhabdomyolyse
Antalgiques

Complications

10% d'amputations secondaires
50% de séquelles : déficits moteurs, sensitifs, rétracteurs musculotendineux
Rhabdomyolyse
Infection
Hyperkaliémie

Syndrome des loges chronique

Il existe également un syndrome des loges chronique survenant essentiellement chez le sportif avec une claudication musculaire d'effort intermittente

La douleur à l'effort nécessite l'arrêt de l'exercice.



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Loge Nvrose En 10 Syndromes

JA Banks



Loge Nvrose En 10 Syndromes:

Unveiling the Power of Verbal Artistry: An Mental Sojourn through **Loge Nvrose En 10 Syndromes**

In a world inundated with screens and the cacophony of fast communication, the profound power and psychological resonance of verbal art usually disappear into obscurity, eclipsed by the constant barrage of noise and distractions. Yet, located within the musical pages of **Loge Nvrose En 10 Syndromes**, a interesting work of literary elegance that impulses with organic thoughts, lies an wonderful journey waiting to be embarked upon. Penned with a virtuoso wordsmith, this mesmerizing opus instructions readers on an emotional odyssey, delicately exposing the latent possible and profound influence embedded within the complex internet of language. Within the heart-wrenching expanse with this evocative evaluation, we will embark upon an introspective exploration of the book is key subjects, dissect its fascinating publishing design, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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