# **Emotional Maturity Scale**

 The Emotional Maturity Scale was developed by Singh and Bhargava (1991). This self-report tool consists of 48 items, which measure five dimensions: The responses are made on a 5-point scale, ranging from Never (1) to Always (5). The higher the score, the less emotionally mature the respondent is; the lower the total, the greater emotional maturity.

• Emotional Maturity is a state of balanced feelings and self-control. Person is said to be emotionally mature who has in his possession almost all kinds of emotions (positive as well as negative) and is able to express them justly, skillfully and timely in different situations of life. As per the author of emotional maturity scale, Singh and Bhargava (1999), 'Emotionally mature is not one who necessarily has resolved all conditions that aroused anxiety and hostility but it is continually involved in a struggle to gain healthy integration of feeling, thinking and action'.

•Emotional maturity plays a major role in the life of an individual. It prepares an individual for better adjustment. It can be understood in terms of ability of self-control, which in turn, is a result of thinking and learning. The capacities for thinking and learning are increased because of the varied experiences gathered by the professional students in the college campus, which results from his keen perceptions and his increased capacity to distinguish between persons, objects and situations. It leads to both realism and inhibition of emotional reactions.

 Emotional maturity thus enables individuals to see himself, his family and various other forces in his environment in their true perspective. Emotional maturity essentially involves emotional control. It involves the kind of living that most richly and fully expresses what a person has in him at any level of his

# **Manual For Emotional Maturity Scale**

Ying Liu

#### **Manual For Emotional Maturity Scale:**

**Students and the Hostel Life** Amrit Nath Mishra.1994 Handbook of Psychiatric Rating Scales, Second Edition National Institute of Mental Health (U.S.),1973 Positive Psychology: An Emerging Trend of 21st Century Dr. Agyajit Singh, 2022-06-06 The book POSITIVE PSYCHOLOGY is the brainchild of the author who has supervised many Ph D students in Positive Psychology over the last two decades on a variety of topics such as emotional intelligence locus of control self efficacy and self concept among others It is the most recent addition to the psychological literature portraying the new field of emotional intelligence This book is hoped to be highly valuable to scholars general readers and professionals who will benefit from the knowledge received through this book Furthermore the contents of the book are very relevant to one s own life because they are stated in a simple and clear language They will enjoy reading this book since it will appeal to their Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office, 1979 emotions Handbook of Intellectual Disability and Development Jacob A. Burack, 2012 We know considerably more about persons with intellectual disability than we did even a decade ago Seeking to improve and increase upon this knowledge this book provides a map to continue sophisticated and precise research to inspire professionals involved with intellectual disability and to better the lives of persons affected by it A Teachers' Manual for the Use of the Binet-Simon Scale of Intelligence Raymond Alfred Schwegler.1914 The ... Mental Measurements Yearbook Oscar Krisen Buros. 1999 Mental Health **Screening and Assessment in Juvenile Justice** Thomas Grisso, Gina Vincent, Daniel Seagrave, 2005-02-24 It is well known that many children and adolescents entering the juvenile justice system suffer from serious mental disorders Yet until now few resources have been available to help mental health and juvenile justice professionals accurately identify the mental health needs of the youths in their care Filling a crucial gap this volume offers a practical primer on screening and assessment together with in depth reviews of over 20 widely used instruments Comprehensive and timely it brings together leading experts to provide authoritative guidance in this challenging area of clinical practice Grounded in extensive research and real world practical experience this is an indispensable reference for clinical and forensic psychologists social workers and psychiatrists as well as juvenile justice administrators and others who work with youths in the justice system An informative resource for students it is an ideal supplemental text for graduate level courses Internationaal tijdschrift voor experimentele pedagogiek ,1985 The International Journal of Indian Psychology, Volume 2, Issue 1, No. 1 IJIP.In,2014-10-25 The International Journal of Indian Psychology ISSN 2348 5396 is an academic journal that examines the intersection of psychology home sciences and education IJIP is published quarterly and is available in electronic versions Our expedited review process allows for a thorough analysis by expert peer reviewers within a time line that is much more favorable than many other academic publications Handbook of Psychiatric Rating Scales Samuel B. Lyerly, 1973 **Encyclopedia of Special Education** Cecil R. Reynolds, Elaine Fletcher-Janzen, 2007-01-02 Offers a thoroughly revised

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