

Pr Fabrice **BONNET**

**MIEUX VIVRE
AVEC UN
DIABÈTE**

100 réponses pour comprendre
sa maladie et mieux se soigner
au quotidien



Mieux Vivre Avec Un Diabète

Gérard Slama



Mieux Vivre Avec Un Diabète:

Mieux vivre avec un diabète Fabrice Bonnet, 2019 Ce livre s'adresse aux patients ayant développé un diabète de type 1 de type 2 un diabète gestationnel mais également ceux qui sont à risque de diabète par diabète familial. Ce guide l'accompagne le lecteur dans la prise en charge de son diabète et facilite le dialogue avec ses médecins. Basé sur des données scientifiques récentes, cet ouvrage aborde des domaines aussi variés que la prévention, l'activité physique, les nouveaux traitements, les innovations technologiques et sans oublier l'influence des facteurs émotionnels. Avec plus de 100 questions classées par catégories, ce livre répondra toutes les interrogations les plus diverses et permettra aux lecteurs de vivre plus sereinement avec son diabète. *Mieux vivre avec un diabète* Georges Tchobroutsky, 1991 **Mieux vivre avec un diabète** Gérard Slama, 2011-02-17 Le diabète est une maladie contraignante qui peut entraîner des complications graves. Pourtant, mieux vivre avec son diabète est possible comme vous l'explique le professeur Slama. Comment traiter votre diabète le mieux possible? Comment prévenir les complications? Quelles sont les dernières avancées de la médecine? Comment vivre normalement, travailler, faire du sport, voyager? Comment réagir dans les situations d'urgence? Que doit savoir l'entourage? Ce livre vous présente les 99 règles essentielles pour vous soigner si vous êtes insulinodépendant. Les 73 règles essentielles pour vous soigner si vous n'êtes pas insulinodépendant. Petite encyclopédie médicale et pratique, ce livre est le fruit de l'expérience de l'un des plus grands spécialistes du diabète en France. Le professeur Gérard Slama est chef du service de diabétologie de l'Hôtel Dieu Paris et président de l'Association des diabétologues francophones.

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