# Milady Chapter 1 Study Guide Test Questions With Complete Solutions

Cosmetology - ANSWER A term used to encompass a broad range of specialty areas, including hairstyling, nail technology, and esthetics. "The art and science of beautifying and improving the skin, nails, and hair, and the study of cosmetics and their application.

Kosmetikos - ANSWER Greek word that cosmetology originates from, meaning skilled in the use of cosmetics.

The Egyptians - ANSWER The first to cultivate beauty in an extravagant fashion and to use cosmetics as part of their personal beautification habits, religious ceremonies and preparing the dead for burial.

The Egyptians - ANSWER The first civilization to infuse essential oils from the leaves, bark and blossoms of plants for use as perfumes and for purification purposes.

Kohl makeup - ANSWER Created by the ancient Egyptians from a mixture of ground galena, sulfur and animal fat.

The Chinese - ANSWER Nail tinting was so closely tied to social status that commoners caught wearing a royal nail color faced a punishment of death.

The golden age of Greece - ANSWER Where hairstyling became a highly developed art. The made lavish use of perfumes and cosmetics in their religious rites, in grooming, and for medical purposes. They built and developed elaborate baths and developed excellent methods of dressing the hair and caring for the skin and nails.

Red - ANSWER The color that Roman noblewomen tinted their hair.

Blond - ANSWER The color that Roman middle-class women tinted their hair.

Black - ANSWER The color that poor Roman women colored their hair.

Shaved the eyebrows and the hairline. - ANSWER Women in the Renaissance period did this to give them the look of greater intelligence.

Pinched their cheeks and bit their lips. - ANSWER What did Victorian Age women do to induce natural color rather than use cosmetics such as rouge or lip color?

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**Liying Dong** 

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web jun 26 2016 although reeves left a written legacy of his training and nutrition record many bodybuilders particularly natural bodybuilders still don t quite understand how to apply his principles of nutrition and working out to develop their own physiques