



NOT FOR SALE

**SA MILITARY HEALTH SERVICE**

APPLICATION FOR MILITARY SKILLS DEVELOPMENT SYSTEM (MSDS) - 2025 INTAKE

PLEASE COMPLETE THE FOLLOWING

Biographical information

First Name
Surname
Birth Country
Citizenship
ID No
Your Cell No
Alternative 1
Alternative 2
Residential
Address

Town/City
Province
Postal code

Province, gender and race (for statistical purposes - please select one)

Province: ☐ Gauteng ☐ Eastern Cape ☐ Free State
☐ Northern Cape ☐ Mpumalanga ☐ Western Cape
☐ North West ☐ KwaZulu Natal (KZN) ☐ Limpopo

Gender: ☐ Male ☐ Female

Race: ☐ African ☐ Asian
☐ Coloured ☐ White

Tertiary Qualifications

☐ N6 ☐ 3 Year Diploma ☐ Degree

Attach your CV and Copies of: ID, Matric Certificate (only statement of results for 2023 will be accepted) and Tertiary Qualifications

Other Requirements

Applicants will be subjected to drug testing, Psychometric and medical evaluation, verification of Criminal record, prescreening and verification of Qualifications.

Related Enquiries: Tel: 012 671 5053/5199/5168/ 5002

Web inquiries: www.mhhe.com

BACKGROUND

The South African Military Health Service (SAMHS), through its Military Skills Development System (MSDS), is offering young South African citizens an opportunity to serve in uniform on a two-year contract. The Recruits will receive military training and further functional training in their first year of service. During the second year of service they will be deployed where needed and given opportunity to apply their knowledge and develop their skills.

General Requirements:

- RSA Citizen (No dual citizenship).
- 18 – 22 years of age (Or 12).
- 18 – 26 (3 years Tertiary Qualification or N6) when reporting.
- Successfully completed Grade 12.
- Admission Point Score (APS) of 24 and above excl Life Orientation (LO).
- Have no criminal record or pending cases.
- Comply with medical fitness requirements for the appointment.
- No Visible tattoos (Legs, lower arm, neck and face)

Select one of the following fields of interest:

- ☐ Patient Administration. ☐ Logistics. ☐ Medical Support Operations. ☐ Dog Handler. ☐ Counter Intelligence (Gr 12 with ALL the Subjects: English Level 4, Mathematics/ Literacy (Lit) Level 3, Life Science Level 3 and Geography/ Physical Science Level 3).
- ☐ Corporate Communication (Gr 12 plus a Degree in Communication/ Diploma in Public Relations and Journalism). ☐ Human Resource.
- ☐ Environmental Health (Pest Control Operator) (Gr 12 with ALL the Subjects: Mathematics [NO Maths Lit] Level 5, Physical Science (Level 5) and Life Science Level 4). ☐ Musician. ☐ Dental Assistant (Gr 12 with ALL Subjects: English Level 4, Mathematics Level 2, Life Science Level 4, or 18-22 with Dental Assistance Certificate and HPCSA registration). ☐ Nursing Diploma (Gr 12 with ALL Subjects on Level 4: English, Life Science and Mathematics/ Literacy). ☐ Auxiliary Nursing (Gr 12 with ALL Subjects on Level 3: English, Life Science and Mathematics/ Literacy). ☐ Emergency Care Assistant (Gr 12 with ALL Subjects: English Level 4, Mathematics Level 3 [NO Maths Lit], Physical Science Level 3 and Life Science Level 4).
- ☐ Emergency Medical Care (Gr 12 with ALL the following Subjects: English Level 5, Mathematics Level 4 [NO Maths Lit], Physical Science Level 4 and Life Science Level 4 APS 26).

Hand deliver your application to the nearest recruitment centre or via post at SAMHS Recruitment postal address.

**SAMHS Recruitment Office - Department of Defence,
Private Bag X102, Centurion, Pretoria, 0046**

Signature of Applicant _____ Date _____

If you have not been contacted by 31 December 2024, kindly consider your application to be unsuccessful.

MSDS APPLICATION CLOSING DATE: 15 March 2024

THIS APPLICATION FORM IS NOT FOR SALE

DEPARTMENT OF DEFENCE RESERVES THE RIGHT TO EMPLOYMENT



Military Skills Development System 2016 Application Form

DJ Losen



Military Skills Development System 2016 Application Form:

Annual Report South Africa. Department of Defence, 2016 Supporting Personalized Learning and Students' Skill Development With AI Khaldi, Mohamed, 2025-03-05 The integration of artificial intelligence AI into education has the potential to fundamentally change pedagogical practices with a positive impact on all aspects of teaching and learning It is possible to design personalized learning paths for each learner including those with special needs or who speak different languages by adjusting the content and pace according to their strengths and weaknesses AI tools such as virtual assistants and interactive educational applications can give immediate feedback to learners which is of paramount importance to keep them engaged and encourage continuous learning Similarly teachers can view AI based data analytics and recommendations to improve their teaching methods and adapt their strategies in real time Supporting Personalized Learning and Students Skill Development With AI offers an in depth exploration of how to integrate AI technology into pedagogical practice to revolutionize education by exploring all aspects of AI in education from intelligent tutoring systems that tailor lessons to the needs of each learner to automating administrative tasks that save teachers time While addressing the ethical and practical challenges of this transformation it highlights the urgent need to equip educators with the skills they need to benefit from AI Covering topics such as autonomous learning emotion detection and digital literacy this book is an excellent resource for teachers school administrators educational decision makers computer developers professionals scholars academicians researchers and more What's Cooking Kateryna Schroeder, Julian Lampietti, Ghada Elabed, 2021-04-20 The digital agriculture revolution holds a promise to build an agriculture and food system that is efficient environmentally sustainable and equitable one that can help deliver the Sustainable Development Goals Unlike past technological revolutions in agriculture which began on farms the current revolution is being sparked at multiple points along the agrifood value chain The change is driven by the ability to collect use and analyze massive amounts of machine readable data about practically every aspect of the value chain and by the emergence of digital platforms disrupting existing business models All this allows for drastically reduced transaction costs and pervasive information asymmetries that plague the agrifood system The success of the digital transformation however is not guaranteed as the risks it brings are numerous including those related to data governance and inadequate competition within and between digital platforms What s Cooking Digital Transformation of the Agrifood System investigates how digital technologies can accelerate the transformation of the agrifood system by increasing efficiency on the farm improving farmers access to output input and financial markets strengthening quality control and traceability and improving the design and delivery of agriculture policies It also identifies a key role for the public sector in maximizing the benefits of this process while minimizing its risks through enabling an innovation ecosystem featuring open datasets digital platforms digital entrepreneurship digital payment systems and digital skills and encouraging equitable technology adoption **Safety and Reliability. Theory and Applications** Marko Cepin, Radim Bris, 2017-06-14 Safety and

Reliability Theory and Applications contains the contributions presented at the 27th European Safety and Reliability Conference ESREL 2017 Portoro Slovenia June 18 22 2017 The book covers a wide range of topics including Accident and Incident modelling Economic Analysis in Risk Management Foundational Issues in Risk Assessment and Management Human Factors and Human Reliability Maintenance Modeling and Applications Mathematical Methods in Reliability and Safety Prognostics and System Health Management Resilience Engineering Risk Assessment Risk Management Simulation for Safety and Reliability Analysis Structural Reliability System Reliability and Uncertainty Analysis Selected special sessions include contributions on the Marie Skłodowska Curie innovative training network in structural safety risk approaches in insurance and finance sectors dynamic reliability and probabilistic safety assessment Bayesian and statistical methods reliability data and testing organizational factors and safety culture software reliability and safety probabilistic methods applied to power systems socio technical economic systems advanced safety assessment methodologies extended Probabilistic Safety Assessment reliability availability maintainability and safety in railways theory big data risk analysis and management and model based reliability and safety engineering Safety and Reliability Theory and Applications will be of interest to professionals and academics working in a wide range of industrial and governmental sectors including Aeronautics and Aerospace Automotive Engineering Civil Engineering Electrical and Electronic Engineering Energy Production and Distribution Environmental Engineering Information Technology and Telecommunications Critical Infrastructures Insurance and Finance Manufacturing Marine Industry Mechanical Engineering Natural Hazards Nuclear Engineering Offshore Oil and Gas Security and Protection Transportation and Policy Making **The Economist** ,1981

Code of Federal Regulations, Title 32, National Defense, PT. 191-399, Revised as of July 1, 2016 Office Of The Federal Register (U S),Office of the Federal Register (U S),National Archives and Records Administration,National Archives and Records Administration (U S),2016-10-20 Code of Federal Regulations Title 32 National Defense Pt 191 399 continues coverage on rules regulations and procedures related to National Defense This volume includes information on the Department of Defense and more ITEM AVAILABLE DATE 09 26 16 Related products Other products produced by the United States U S US Department of Defense DoD can be found here <https://bookstore.gpo.gov/agency/190> Scientific and Technical Organizations and Agencies Directory Peter D. Dresser,1994 **Canadian Official Record** ,1918

Dissertation Abstracts International ,1985 **Chasing the Wind** Felipe B. Miranda,Temario C. Rivera,2016 **Who's who of Southern Africa** ,1995 Vols for 1967 70 include as a section Who's who of Rhodesia Mauritius Central and East Africa **Congressional Record** United States. Congress,2007 **Africa Analysis** ,2003 A fortnightly bulletin on financial and political trends **Parliamentary Debates (Hansard)**. Great Britain. Parliament. House of Commons,2008 **Professional Memoirs, Corps of Engineers, United States Army and Engineer Department at Large** ,1993 **Law Books, 1876-1981** R.R. Bowker Company,1981 *AIIMS Annual Report* All-India Institute of Medical

Sciences,2014 Religious Periodicals Index ,1970 *Resources in Education* ,1981 Annual Report India. Ministry of
Home Affairs,2016

Immerse yourself in heartwarming tales of love and emotion with Explore Love with is touching creation, Experience Loveis Journey in **Military Skills Development System 2016 Application Form** . This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

https://splashdogs.com/About/virtual-library/fetch.php/hsc_lct_sajution_final_2014_borad_jessore.pdf

Table of Contents Military Skills Development System 2016 Application Form

1. Understanding the eBook Military Skills Development System 2016 Application Form
 - The Rise of Digital Reading Military Skills Development System 2016 Application Form
 - Advantages of eBooks Over Traditional Books
2. Identifying Military Skills Development System 2016 Application Form
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Military Skills Development System 2016 Application Form
 - User-Friendly Interface
4. Exploring eBook Recommendations from Military Skills Development System 2016 Application Form
 - Personalized Recommendations
 - Military Skills Development System 2016 Application Form User Reviews and Ratings
 - Military Skills Development System 2016 Application Form and Bestseller Lists
5. Accessing Military Skills Development System 2016 Application Form Free and Paid eBooks
 - Military Skills Development System 2016 Application Form Public Domain eBooks
 - Military Skills Development System 2016 Application Form eBook Subscription Services
 - Military Skills Development System 2016 Application Form Budget-Friendly Options

6. Navigating Military Skills Development System 2016 Application Form eBook Formats
 - ePub, PDF, MOBI, and More
 - Military Skills Development System 2016 Application Form Compatibility with Devices
 - Military Skills Development System 2016 Application Form Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Military Skills Development System 2016 Application Form
 - Highlighting and Note-Taking Military Skills Development System 2016 Application Form
 - Interactive Elements Military Skills Development System 2016 Application Form
8. Staying Engaged with Military Skills Development System 2016 Application Form
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Military Skills Development System 2016 Application Form
9. Balancing eBooks and Physical Books Military Skills Development System 2016 Application Form
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Military Skills Development System 2016 Application Form
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Military Skills Development System 2016 Application Form
 - Setting Reading Goals Military Skills Development System 2016 Application Form
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Military Skills Development System 2016 Application Form
 - Fact-Checking eBook Content of Military Skills Development System 2016 Application Form
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

Military Skills Development System 2016 Application Form Introduction

Military Skills Development System 2016 Application Form Offers over 60,000 free eBooks, including many classics that are in the public domain. Open Library: Provides access to over 1 million free eBooks, including classic literature and contemporary works. Military Skills Development System 2016 Application Form Offers a vast collection of books, some of which are available for free as PDF downloads, particularly older books in the public domain. Military Skills Development System 2016 Application Form : This website hosts a vast collection of scientific articles, books, and textbooks. While it operates in a legal gray area due to copyright issues, its a popular resource for finding various publications. Internet Archive for Military Skills Development System 2016 Application Form : Has an extensive collection of digital content, including books, articles, videos, and more. It has a massive library of free downloadable books. Free-eBooks Military Skills Development System 2016 Application Form Offers a diverse range of free eBooks across various genres. Military Skills Development System 2016 Application Form Focuses mainly on educational books, textbooks, and business books. It offers free PDF downloads for educational purposes. Military Skills Development System 2016 Application Form Provides a large selection of free eBooks in different genres, which are available for download in various formats, including PDF. Finding specific Military Skills Development System 2016 Application Form, especially related to Military Skills Development System 2016 Application Form, might be challenging as theyre often artistic creations rather than practical blueprints. However, you can explore the following steps to search for or create your own Online Searches: Look for websites, forums, or blogs dedicated to Military Skills Development System 2016 Application Form, Sometimes enthusiasts share their designs or concepts in PDF format. Books and Magazines Some Military Skills Development System 2016 Application Form books or magazines might include. Look for these in online stores or libraries. Remember that while Military Skills Development System 2016 Application Form, sharing copyrighted material without permission is not legal. Always ensure youre either creating your own or obtaining them from legitimate sources that allow sharing and downloading. Library Check if your local library offers eBook lending services. Many libraries have digital catalogs where you can borrow Military Skills Development System 2016 Application Form eBooks for free, including popular titles. Online Retailers: Websites like Amazon, Google Books, or Apple Books often sell eBooks. Sometimes, authors or publishers offer promotions or free periods for certain books. Authors Website Occasionally, authors provide excerpts or short stories for free on their websites. While this might not be the Military Skills Development System 2016 Application Form full book , it can give you a taste of the authors writing style. Subscription Services Platforms like Kindle Unlimited or Scribd offer subscription-based access to a wide range of Military Skills Development System 2016 Application Form eBooks, including some popular titles.

FAQs About Military Skills Development System 2016 Application Form Books

What is a Military Skills Development System 2016 Application Form PDF? A PDF (Portable Document Format) is a file format developed by Adobe that preserves the layout and formatting of a document, regardless of the software, hardware, or operating system used to view or print it. **How do I create a Military Skills Development System 2016 Application Form PDF?** There are several ways to create a PDF: Use software like Adobe Acrobat, Microsoft Word, or Google Docs, which often have built-in PDF creation tools. Print to PDF: Many applications and operating systems have a "Print to PDF" option that allows you to save a document as a PDF file instead of printing it on paper. Online converters: There are various online tools that can convert different file types to PDF. **How do I edit a Military Skills Development System 2016 Application Form PDF?** Editing a PDF can be done with software like Adobe Acrobat, which allows direct editing of text, images, and other elements within the PDF. Some free tools, like PDFescape or Smallpdf, also offer basic editing capabilities. **How do I convert a Military Skills Development System 2016 Application Form PDF to another file format?** There are multiple ways to convert a PDF to another format: Use online converters like Smallpdf, Zamzar, or Adobe Acrobats export feature to convert PDFs to formats like Word, Excel, JPEG, etc. Software like Adobe Acrobat, Microsoft Word, or other PDF editors may have options to export or save PDFs in different formats. **How do I password-protect a Military Skills Development System 2016 Application Form PDF?** Most PDF editing software allows you to add password protection. In Adobe Acrobat, for instance, you can go to "File" -> "Properties" -> "Security" to set a password to restrict access or editing capabilities. Are there any free alternatives to Adobe Acrobat for working with PDFs? Yes, there are many free alternatives for working with PDFs, such as: LibreOffice: Offers PDF editing features. PDFsam: Allows splitting, merging, and editing PDFs. Foxit Reader: Provides basic PDF viewing and editing capabilities. How do I compress a PDF file? You can use online tools like Smallpdf, ILovePDF, or desktop software like Adobe Acrobat to compress PDF files without significant quality loss. Compression reduces the file size, making it easier to share and download. Can I fill out forms in a PDF file? Yes, most PDF viewers/editors like Adobe Acrobat, Preview (on Mac), or various online tools allow you to fill out forms in PDF files by selecting text fields and entering information. Are there any restrictions when working with PDFs? Some PDFs might have restrictions set by their creator, such as password protection, editing restrictions, or print restrictions. Breaking these restrictions might require specific software or tools, which may or may not be legal depending on the circumstances and local laws.

Find Military Skills Development System 2016 Application Form :

hsc lct sajution final 2014 borad jessore

hp scanjet g4050 troubleshooting

hsc 2nd part new syllabus of cambrian college

[hp zx5049 laptops owners manual](#)

[hp photosmart 7660 manual](#)

[hp printer officejet 6500 manual](#)

hsbc mortgage customer service number

hsc physics exam 20paper 2 mark scheme

[hrc state secrets and the rebirth of hillary clinton](#)

hsc board chemistry question paper 2answer

hsc 2014 question bangladesh

hsb past papers for cxc 2013


[hp scanjet 7800 document scanner](#)

[hp w2371d manual](#)

hp scanjet n6010 manual

Military Skills Development System 2016 Application Form :

Goddesses & Angels: Awakening Your Inner... by Virtue, ... Featuring an easy-to-use guide that lists and describes the attributes of goddesses and angels, this magical journey visits a vast array of exotic locales ... Goddesses and Angels: Awakening Your Inner High- ... Goddesses and Angels: Awakening Your Inner High-priestess and Source-ress [GeoFossils] on Amazon.com. *FREE* shipping on qualifying offers. GODDESSES & ANGELS Awakening Your Inner High- ... In this true spiritual adventure story and reference book, Doreen Virtue writes about the enlightened beings who can unlock the magical gifts within you. In ... Awakening Your Inner High-Priestess and "Source-ress" Goddesses and Angels: Awakening Your Inner High-Priestess and "Source-ress". by Doreen Virtue. PaperBack. Available at our 828 Broadway location. Goddesses and Angels - Awakening Your Inner High ... From the best selling author of Healing with the Angels and Angel Medicine comes a spiritual adventure story and reference book wrapped into one incredible ... Goddesses & Angels: Awakening Your Inner High- ... In this true spiritual adventure story and reference book, Doreen writes about the enlightened beings who can unlock the magical gifts within you. In Part I, ... Goddesses & Angels: Awakening Your Inner High-priestess and ... Featuring an easy-to-use guide that lists and describes the attributes of goddesses and angels, this magical journey visits a vast array of exotic locales ... Angels: Awakening Your Inner High-Priestess and " Goddesses & Angels: Awakening Your Inner High-Priestess and "Source-ress" ; Format. Softcover ; Accurate description. 5.0 ; Reasonable shipping cost. 4.9. Goddesses and Angels: Awakening Your Inner High-Priestess ... In this true spiritual adventure story and reference book,Doreen

Virtue writes about the enlightened beings who can unlock the magical gifts within you. In Part ... GODDESSES & ANGELS Awakening Your Inner High-Priestess ... GODDESSES & ANGELS Awakening Your Inner High-Priestess & "Source-ress" *NEW HC* ; Condition. Brand New ; Quantity. 1 sold. 3 available ; Item Number. 394326939293. Holdings: Le parole straniere sostituite dall'Accademia d'Italia, 1941 ... Le parole straniere sostituite dall'Accademia d'Italia, 1941-43 / ; Imprint: Roma : Aracne, 2010. ; Description: 242 p. ; 25 cm. ; Language: Italian ; Series: ... Le parole straniere sostituite dall'Accademia d'Italia (1941- ... Le parole straniere sostituite dall'Accademia d'Italia (1941-43) - Softcover ; Publication date 2010 ; ISBN 10 8854834122 ; ISBN 13 9788854834125 ; Binding Paperback ... Le parole straniere sostituite dall'Accademia d'Italia (1941-43) ... Amazon.com: Le parole straniere sostituite dall'Accademia d'Italia (1941-43): 9788854834125: Alberto Raffaelli:  RAFFAELLI ALBERTO, "Le parole straniere sostituite dall' ... RAFFAELLI ALBERTO, "Le parole straniere sostituite dall'Accademia d'Italia (1941-43)", presentazione di Paolo D'Achille, Roma, Aracne, 2010, pp. 208. Le parole straniere sostituite dall'Accademia d'Italia, 1941-43 Le parole straniere sostituite dall'Accademia d'Italia, 1941-43. Front Cover. Alberto Raffaelli. Aracne, 2010 - Language Arts & Disciplines - 242 pages. Il ... A. Raffaelli, Le parole straniere sostituite dall'Accademia d' ... Mar 29, 2011 — Raffaelli, Le parole straniere sostituite dall'Accademia d'Italia (1941-43). Aracne, coll. "Dulces Musae",; EAN : 9788854834125. Publié le 29 ... Le parole straniere sostituite dall'Accademia d'Italia (1941- ... Acquista Le parole straniere sostituite dall'Accademia d'Italia (1941-43) (9788854834125) su Libreria Universitaria. Un libro di Linguistica comparata e ... Le parole straniere sostituite dall'Accademia d'Italia (1941 ... Le parole straniere sostituite dall'Accademia d'Italia (1941-43) è un libro di Alberto Raffaelli pubblicato da Aracne nella collana Dulces musae: acquista ... History of the Italian Lexicon Aug 23, 2023 — Le parole straniere sostituite dall'Accademia d'Italia (1941-43). Roma, Italy: Aracne. Riga, A. (2022). Le lessico antico e Nuovo vocabolario ... Instruction Manual for Welbilt Bread Machine Maker ... Instruction Manual for Welbilt Bread Machine Maker Manual (ABM3400) Reprint ; Sold by. Every Instruction Manual ; Returns. Returnable until Jan 31, 2024 ; Payment. Instruction Manual for Welbilt Bread Machine ... Instruction Manual for Welbilt Bread Machine Manual & Recipes (Model: ABM3400) Bread ... 3.8 3.8 out of 5 stars 32 Reviews. Instruction Manual for Welbilt ... Wel-Bilt instruction manual for welbilt bread machine ... Wel-Bilt instruction manual for welbilt bread machine maker manual (abm3400) reprint ; Using Mountain View, CA 94043 ; Shipping. Buy now, receive by Mon, December ... Welbilt Bread Machine Model Abm3400 Instruction Manual Welbilt Bread Machine Model Abm3400 Instruction Manual ... Remove your bread pan from your breadmaker. Using a one-cup (8oz) liquid measure, fill your bread pan ... Need a manual for Welbilt The Bread Machine Model Aug 3, 2011 — Manuals and free owners instruction pdf guides. Find the user manual and the help you need for the products you own at ManualsOnline. Welbilt-manual-ABM4000.pdf INSIDER'S GUIDE TO EASY BAKING. Your Welbilt Bread Machine produces delicious baked goods with ease. This marvelous machine asks only that you carefully ... Complete Welbilt Bread Machine Manuals in 2023 Complete Welbilt

Bread Machine Manuals | PDF. Breadmachine Welbilt manual for ... Welbilt ABM 100 Bread Machine Manual | PDF | Dough | Flour. Welbilt ABM 100 ... Manual for Welbilt Breadmaker? I am looking for an instruction manual for a Welbilt abm 3400. Does anyone know where to get one, I don't really want to pay 10 bucks for a copy? Welbilt Bread Machine Maker Manual ABM3000 ABM3100 ... Professionally Printed on Laser Printer using High Quality Paper. New Comb-Bound COPY of Manual listed in Title. Instruction/Owners manual ONLY - no other ... ABM3400 Bread Machine ABM-3400 Instruction Manual ... Dec 5, 2007 — Have a manual for Welbilt ABM3400 Bread Machine ABM-3400 Instruction Manual Recipes PDF? Upload a Manual (+5pts). Or just drag it here ...