

NURSING AS A CAREER



BACKGROUND

The Nursing profession is regarded as the backbone of healthcare, as Nurses are at the forefront of healthcare delivery.

Nursing entails preventive, promotive, curative and rehabilitative health throughout a lifespan - from birth to death.

A Nurse deals with many conditions and cases, including trauma, maternity, paediatrics, gynaecology, surgical and medical conditions, among many others.

Nursing is a science and an art, involving both theory and practical work in the different practical settings, for example clinics, community health centres, hospitals of different types and sizes, hospices, et cetera.

Being a Nurse requires certain qualities and skills, such as:

- Communication Skills
- Empathy
- Honesty
- Interpersonal Skills
- Patience
- Sympathy and Compassion

REGULATION OF NURSING PROFESSION

In South Africa, Nursing is regulated by the South African Nursing Council (or SANC), a statutory body established by an act of Parliament. The SANC regulates the Nursing profession by establishing and maintaining standards for Nursing education and training as well as for practice. It also advocates on behalf of the public in matters concerning Nursing. **Therefore, one cannot practice Nursing in South Africa if not registered with the SANC.**

NURSING EDUCATION INSTITUTIONS

In order to study Nursing, one must apply and be admitted at a Nursing Education Institution (either public or private).

It is very important, though, to ensure that the Nursing Education Institution has been accredited by the South African Nursing Council and that the programme is accredited by both the South African Nursing Council and the Council on Higher Education and have a SACA ID.

Applications for training must be sent directly to the Nursing Education Institutions, which are published on the SANC website at www.sanc.co.za.

The relevant Nursing Education Institution will register you as a student Nurse with the SANC. This is very important as education and training that is undertaken without SANC registration is not recognized. The SANC issues you with a registration certificate as proof that you are registered with the SANC as a student Nurse. This certificate is also sent to the Nursing Education Institution - **be sure to ask for proof of this registration**.

SCHOOL SUBJECTS TO ENHANCE YOUR OPPORTUNITY

The following school subjects can enhance your opportunity to be selected by the Nursing Education Institution for the nursing programmes:

- English
- Mathematical Literacy or Mathematics
- Computer skills
- Life Sciences and/or Biology

Please note that the South African Nursing Council does not prescribe school subjects and the number of points required for entry into the various Nursing programmes. This function rests with the Nursing Education Institutions.

THE UNDER-GRADUATE NURSING PROGRAMMES

Types of Nursing Programmes and relevant entry requirements:

1. Higher Certificate in Nursing

The first one is the Higher Certificate in Nursing, which is a one-year programme. On completion you register with the SANC as an Auxiliary Nurse. In order to be admitted to the programme, you must be in possession of at least a National Senior Certificate as issued by UMALUSI, with the relevant subject combination, or an equivalent international qualification, which allows access to study towards a Higher Certificate qualification.

2. Diploma in Nursing

The second level is a Diploma in Nursing, which is a three-year programme. On completion you register with the SANC as a General Nurse.

In order to be admitted to the programme, you must be in possession of at least a National Senior Certificate as issued by UMALUSI, with the relevant subject combination, or an equivalent international qualification, which allows access to study towards a Diploma qualification.

3. Bachelor of Nursing

The third level is a Bachelor of Nursing, a four-year programme at a University/Nursing College/Private College/School. On completion, you register with the SANC as a professional Nurse and Midwife.

In order to be admitted to the programme, a person must be in possession of at least a National Senior Certificate as issued by UMALUSI with the relevant subject combination, or an equivalent international qualification, which allows access to study towards a Degree qualification.

WHERE TO STUDY

The Nursing qualifications mentioned are offered at universities, public colleges, private Nursing schools and South African Military Health Services (SAMHS), depending on the type and level of qualification - just remember to visit the SANC's website first to ensure you study Nursing at an accredited institution: www.sanc.co.za

After undergoing an undergraduate programme, there is ample opportunity to undertake further studies as per the specified entry requirements. This includes Postgraduate Diplomas in specialized areas (such as Childcare Nursing, Critical Care Nursing, etc.) or advanced degrees at Honours, Master's and Doctorate level.

EMPLOYMENT

Once qualified, you may apply for employment at either public health establishments such as hospitals or clinics with the Department of Health, or on one of the private hospitals or clinics. Municipalities, medical laboratories and the SAMHS also offer Nursing services.

THE WORKING ENVIRONMENT OF A NURSE

Working as a Nurse means you will be working shifts, long hours and night duty, dedicated solely to the well-being of the patients in your care. You will also work closely with other health professionals, such as Doctors, Physiotherapists, Occupational Therapists and Dietitians, to mention a few. The value of a true Nurse lies in the ability to show respect for human life and dignity, social justice and integrity, and total commitment to patients and other healthcare users. If you are that person, the Nursing profession is awaiting you.

Visit www.sanc.co.za for the list of accredited Nursing Education institutions and make the correct career choice today.

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