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Author of Getting the Love You Want

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Your past relationships haven't turned out the way you hoped. The *good news* is that a lasting, fulfilling love is completely within your reach....

**KEEPING  
THE LOVE  
YOU FIND**



♥  
**A Personal Guide**

# Keeping The Love You Find A Personal Guide

**Aurelie Jones Goodwin, Marc E. Agronin**



## **Keeping The Love You Find A Personal Guide:**

**Keeping the Love You Find** Harville Hendrix, 1993-02 Your dreams of finding a loving and truly compatible partner spring from the healthiest and most fully human aspects of your nature and the fulfillment of your dreams is completely achievable Whatever your history whatever your heartbreak as a single person you are in an ideal position to learn what you need to know and what you can do to greatly improve your chances for finding and keeping love Book jacket **Couples**

**Companion: Meditations & Exercises for Getting the Love You Want** Harville Hendrix, 1994-02 Shows how an enlightened relationship can lead to spiritual growth and personal healing and offers a life changing program for doing so

*Giving The Love That Heals* Harville Hendrix, Helen Hunt, 1998-08 The authors bring us to a new understanding of the most profound love of all by helping parents nurture their own development as they encourage emotional wholeness in their children Publishers description **Receiving Love Workbook** Harville Hendrix, Helen LaKelly Hunt, 2006-05-09 A

companion workbook to the critically acclaimed relationship book *Receiving Love Transform Your Relationship by Letting Yourself Be Loved* In 2004 Harville Hendrix and his wife Helen LaKelly Hunt co creators of Imago Relationship Therapy authored *Receiving Love* a critically acclaimed guide to cultivating a loving long lasting relationship that Publishers Weekly called intelligent and insightful wise and sophisticated Now in the *Receiving Love Workbook* Hendrix and Hunt have constructed a companion to that groundbreaking book in which they outline a simple practical plan that will help you to apply the advice and exercises in *Receiving Love* to your own relationship *Receiving Love* showed that while many men and women know how to give love many more undermine their relationships by never having learned how to accept it The *Receiving Love Workbook* will help you and your partner to explore the effect that this type of self rejection has had in your individual lives and in your relationship as a couple It contains a unique twelve week course designed to help you work through the exercises in *Receiving Love* It provides the same step by step instructions and examples that couples who participate in a couples workshop or work with an Imago Relationship Therapist would experience For those who are ready to take specific steps to surmount the self rejection and heal its causes the *Receiving Love Workbook* will help you to make the changes that will establish an easy natural pattern of giving and receiving love and that will create the relationship of your dreams *Receiving Love* Harville Hendrix, Helen LaKelly Hunt, 2004-10-05 From the New York Times bestselling

author of *Getting the Love You Want* and *Keeping the Love You Find* comes illuminating and inspiring advice on one of the most complicated issues facing couples today receiving love Many people know how to give love but many more undermine their relationships by never having learned how to accept it We don't always realize the ways in which we reject appreciation affection help and guidance from our romantic partners According to Hendrix and Hunt until we are able to understand the meaning behind our behavior our relationships stand to suffer *Receiving Love* prompts questions such as Are you reluctant to tell your partner what you really want or need When you do get what you've asked for do you still feel dissatisfied Is it

difficult for you to accept kind gestures gifts or compliments from your partner With Receiving Love you can learn how to break the shackles of self rejection and embrace real intimacy Drawing on their renowned expertise the wide clinical experience of Imago therapists and their own personal experience as a married couple the authors offer detailed sensitive advice on how to turn a relationship between two well meaning yet misunderstood individuals into a true everlasting partnership

**The SAGE Encyclopedia of Marriage, Family, and Couples Counseling** Jon Carlson, Shannon B. Dermer, 2016-10-11 The SAGE Encyclopedia of Marriage Family and Couples Counseling is a new all encompassing landmark work for researchers seeking to broaden their knowledge of this vast and diffuse field Marriage and family counseling programs are established at institutions worldwide yet there is no current work focused specifically on family therapy While other works have discussed various methodologies cases niche aspects of the field and some broader views of counseling in general this authoritative Encyclopedia provides readers with a fully comprehensive and accessible reference to aid in understanding the full scope and diversity of theories approaches and techniques and how they address various life events within the unique dynamics of families couples and related interpersonal relationships Key topics include Assessment Communication Coping Diversity Interventions and Techniques Life Events Transitions Sexuality Work Life Issues and more Key features include More than 500 signed articles written by key figures in the field span four comprehensive volumes Front matter includes a Reader s Guide that groups related entries thematically Back matter includes a history of the development of the field a Resource Guide to key associations websites and journals a selected Bibliography of classic publications and a detailed Index All entries conclude with Further Readings and Cross References to related entries to aid the reader in their research journey

**Keeping the Love You Find** Harville Hendrix, 2003

**The Handbook of Humanistic Psychology** Kirk J. Schneider, J. Fraser Pierson, James F. T. Bugental, 2014-02-14 The Second Edition of the cutting edge work The Handbook of Humanistic Psychology by Kirk J Schneider J Fraser Pierson and James F T Bugental represents the very latest scholarship in the field of humanistic psychology and psychotherapy Set against trends inclined toward psychological standardization and medicalization the handbook offers a rich tapestry of reflection by the leading person centered scholars of our time Their range in topics is far reaching from the historical theoretical and methodological to the spiritual psychotherapeutic and multicultural The new edition of this widely adopted and highly praised work has been thoroughly updated in accordance with the most current knowledge and includes thirteen new chapters and sections as well as contributions from twenty three additional authors to extend the humanistic legacy to the emerging generation of students scholars and practitioners

*How to Avoid Falling in Love with a Jerk* John Van Epp, 2008-03-19 AVOID THE JERKS AND FIND THE ONE WHO S RIGHT FOR YOU An insightful and creative contribution to managing the complexity of choosing a life partner I heartily recommend it Harville Hendrix Ph D author of Getting the Love You Want and Keeping the Love You Find Don t be part of the where was this book when I needed it crowd It s not too late read it now Pat Love Ed D author of

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Follow the steps in How to Avoid Marrying a Jerk a proven program used by thousands of singles worldwide and break the  
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S. Browning,1997 What is the status of the American family How is it changing Are these changes making anything better  
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David Ross,2005-01-01 Explores themes of dispossession shattering and fragmentation that arise in contemporary writings  
from the point of view of the selves whose subjectivities and practices are said to be fragmented shattered and dispossessed  
Glamour ,1996      Mademoiselle ,1992

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In a world driven by information and connectivity, the power of words has been evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **Keeping The Love You Find A Personal Guide**, a literary masterpiece that delves deep to the significance of words and their effect on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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