

# Answer Key

Notes: For your convenience in checking your student's assignments or for review, all text questions from *Developing Good Health* are answered here.

## Chapter



### Developing a Healthy Life, pp. 1–3

#### Comprehension Check, p. 3

Give the correct answer.

1. Anatomy is the study of the   ?   *structure and parts of the body* (p. 1)
2. The visible part of you is your   ?   body. *physical* (p. 2)
3. Your   ?   part is where you form thoughts and feelings. *invisible* (p. 2)
4. Your mind is included in your   ?   part. *invisible* (p. 2)
5. Health is the   ?   *complete well-being of a person* (p. 2)

## Chapter



### Your Communication Network, pp. 4–30

#### Comprehension Check 2.1, p. 9

Sort (p. 5)

1. *cell*
2. *tissue*
3. *organ*
4. *system*
5. *body*

True/False

6. The brain and spinal cord are part of the peripheral nervous system. *central* (p. 6)
7. The brain is the main organ of the nervous system. *true* (p. 6)
8. Reflexes are controlled by the brain. *spinal cord* (p. 7)
9. The nervous system coordinates some of the activities of the body. *all* (p. 6)
10. The spinal cord carries messages to and from the brain. *true* (p. 7)

Give the correct answer.

11. Explain what happens in your nervous system when you need to raise your hand. How do messages get relayed from the brain to your muscles? *Answers vary but should include the following idea: The brain sends a*

*message that goes through the spinal cord to the nerves in the peripheral nervous system and to the voluntary muscles in your arm.* (p. 9)

#### Comprehension Check 2.2, p. 13

Give the correct answer.

1. The   ?   is the largest part of the brain. *cerebrum* (p. 10)
2. Thinking and reasoning are controlled by the   ?  . *cerebrum* (p. 10)
3. The right hemisphere of the cerebrum controls the   ?   side of the body. *left* (p. 10)
4. The cerebellum controls   ?   and coordination of voluntary muscles. *balance* (p. 10)
5. Involuntary activities of the body are controlled by the   ?  . *brain stem* (p. 11)

Matching (pp. 10–11)

6. skate *B. cerebellum*
7. breathe *C. brain stem*
8. remember an answer for a test *A. cerebrum*
9. present a book report *A. cerebrum*
10. button a shirt *B. cerebellum*
11. hear a whisper *A. cerebrum*

# Life Time Health Answer Key

**R Sanford**



## **Life Time Health Answer Key:**

## The Enigmatic Realm of **Life Time Health Answer Key**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Life Time Health Answer Key** a literary masterpiece penned by way of a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of people who partake in its reading experience.

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