
NASCO Lifeguard Test 2023-2024 Questions and Answers 100% Correct.

One of the most important variables in determining the survivability of a non-breathing victim is... - ANSWER-Time to intervention in restoring breathing

True or false: Because the victim must remain perfectly flat, the rescuer should not place any padding under the victim's knees and heels once they are secured to the backboard - ANSWER-False

The face of spinal support technique requires the rescue were to place their arms under the victims hips, and under his neck applying slight tension on the spine repositioning the head is necessary. While the victims face is up and they are floating on their back - ANSWER-False

True or false: Whenever the rescue were is attempting to support the spine of the victim who is suspected of a spinal column injury, and a water current is present, then they are to position the victim with their feet "upstream" towards the direction that the water current is coming from - ANSWER-False

What extrication method requires the rescuers to roll the victim towards them, and then list the victim onto the deck - ANSWER-3 or more person left

What is the correct order for securing a suspected spinal injury patient to a backboard? - ANSWER-Chest, middle, feet, head

True or false: In the drowning sequence after two minutes without respiration, The patient is in serious trouble and spontaneous respirations have either ceased or about to cease - ANSWER-False

Vocalization while performing CPR has several benefits including... - ANSWER-maintaining the rhythm of the rescuers, helping to show or establish control of the situation, helping the mental state of the rescuers as well as provide reassurance to onlookers

The compression to breath ratio for two person CPR in an infant is... - ANSWER-15:2

True or false: In order to help clear a blocked airway in an infant the rescue were should perform 5 abdominal thrust with one hand and 5 back blows - ANSWER-False

Nasco Lifeguard Study Guide

Educational Testing Group



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American Red Cross Lifeguard Exam Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills **Lifeguard (C-2300)** National Learning Corporation,2018-11 The Lifeguard Passbook R prepares you for your test by allowing you to take practice exams in the subjects you need to study **Lifeguard** National Learning Corporation,2019 The Lifeguard Passbook prepares you for your test by allowing you to take practice exams in the subjects you need to study It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam **Lifeguard** National Learning Corporation,2016 The Lifeguard Passbook R prepares you for your test by allowing you to take practice exams in the subjects you need to study It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam Lifeguard National Learning Corporation,1987 **Professional Lifeguard Textbook** American Red Cross,1994-10 **Lifeguard Manual** National Lifeguard Service,Canada. Advisory Council on Fitness and Amateur Sport,1966 **American Red Cross Lifeguarding** ,1990 This text is intended as a guide for lifeguards for lifeguard training instructors and for managers of aquatic facilities who want to establish a system for selecting training and using lifeguards This text focuses on the skills and knowledge an individual requires to properly assume lifeguarding responsibilities at a swimming pool water park or a protected nonsurf open water beach This text emphasizes that additional training will need to be provided by aquatic facilities where lifeguards are employed Chap 1

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reinforce what veteran guards have already learned It includes step by step instructions and detailed photos and drawings to help you learn new techniques and best practices Emphasis is on key points that are crucial for effective lifeguard training Explanations are short and to the point and they relate directly to lifeguarding This concise coverage of important topics makes it easy for you to determine what really makes a difference in saving people s lives StarGuard Best Practices for Lifeguards Third Edition is the manual for the Starfish Aquatics StarGuard lifeguard training course which involves hands on scenario training provided under the facilitation of a StarGuard instructor Together the manual and course prepare lifeguards for actual situations on the job From pool surveillance techniques and prevention to emergency care the manual covers all of the ins and outs of lifeguarding in an easy to understand format The StarGuard Best Practices for Lifeguards online course is also available For more information click here to visit the course page on the Aquatic Education Center

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